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## Music in My Life

Music is more than just sound – it is a part of my daily life. Every morning, I like start my day with a good song. It helps me to wake up and feel more positive. I usually choose to listen to calm music while I to eat breakfast. It helps me prepare for a busy day.

When I study, I prefer playing soft instrumental music in the background. This type of music helps me focus better and to avoid distractions. I try avoid music with lyrics because it makes me to want to sing instead of working!

After school or work, I often use music relax. Some people like to watch TV to rest, but I prefer to sit quietly and enjoy my favorite songs. I even started learn the guitar last year. It wasn't easy at first, but I decided to keep practicing, and now I can playing a few songs. Music has taught me to be more patient and creative. On weekends, my friends and I sometimes meet to play music together. We love sharing new songs and help each other learn new chords. Playing music in a group allows us to connect and express our feelings in a special way. We even plan perform at a small school event next month!

I believe music is a powerful tool. Music makes me to feel something I can't explain. A slow song can make me to remember old memories, while a fast song makes me want to dance. I often let myself to dream when I listen to soft piano music. It helps people express emotions, reduce stress, and even learn languages. I hope continue learning more about music and maybe one day try to write my own songs.