

In pairs, look at the photos in the news story. What do you think happened?



Read paragraph A and check your ideas.

## INSPIRING STORIES OF RESILIENCE

**A.** Indonesian teenager, Aldi Adilang, is only nineteen, but he has already gone through the ordeal of being lost at sea not just once, but an incredible three times! The first two times he got off relatively lightly; he was drifting for a week, and the second time for two days. Those experiences sound terrifying enough, but on the third occasion he was floating – alone in the ocean – for forty-nine long days, not knowing if he would ever see his friends and family again.

### GLOSSARY

**ordeal** – a terrible or painful experience that continues for a period of time

**sea bed** – the land at the bottom of the sea

**supplies** – food and other ordinary goods needed by people every day

**top up** – to add to something in order to bring it up to the level you want

Quizlet





Paragraphs B–H are in the wrong order. Put the paragraphs in the correct order (2–8) to make a coherent text. Give reasons for your choices.

B. ---

But after a week his supplies ran out. He caught fish and used parts of his wooden hut to make a fire and cook the fish. Not having any more fresh drinking water, he had no choice but to drink sea water. However, he filtered the sea water through his clothes to at least reduce the amount of salt. This must have done the trick because he survived in this way for four days until, thankfully, it rained and he was able to collect some rainwater.

C. ---

After this setback, he really started to worry. To try and take his mind off his situation he sang, read and prayed. However, the isolation took its toll on him. He admitted that at one point he almost gave up hope, but the thought of seeing his parents again kept him going.

D. ---

Safely back home with his family, Aldi considered his options. His family lived in some hardship and his job was, from his perspective, relatively lucrative at \$134 a month. However, having found himself drifting three times since he started the job aged sixteen, he and his family decided it simply wasn't worth the risk. From now on, he'll be staying firmly on dry land.



E. ---

This day had started just like any other, until the rope attaching his rompong to the bottom of the sea broke and he, already 125 kilometres from the coast, started to drift even further away on the current. At first, he wasn't too worried. After all, this had happened to him before – twice! He took it for granted that sooner or later his boss would come and rescue him, as he had done before. Aldi had a week's supply of food. He was sure it would all be fine.

F. ---

From when he was sixteen years old, Aldi had spent weeks at a time working on a fishing trap, known as a rompong, a kind of hut which floats in the middle of the sea, but is attached to the sea bed with a rope. Every night he would light lamps to attract the fish to his nets. It was a lonely kind of life. He had a walkie-talkie on which he could speak to other rompong workers up to five miles away, and once a week a boat would come to collect the fish and top up his supplies of food, gas and drinking water.

G. ---

His survival skills were keeping him alive, but he was starting to wonder if he would ever be rescued. He saw more than ten ships sail past him, but none of them seemed to have a clue that he was there. He tried waving a towel, and communicating via his radio, but got nowhere. After a few weeks, he thought he had at last got his lucky break when he managed to talk to the captain of an Indonesian ship by walkie-talkie. The captain promised he would return and pick him up once they had finished work for the day. Heartbreakingly, Aldi never saw the ship again.

H. ---

In the end, after forty-nine days, he saw a Panamanian ship, the Arpeggio. Desperate to make himself understood he used the few words of English he knew over the radio: 'Help! Help!' The ship had already passed him by, but it turned around to pick him up. The video taken by the crew shows his tiny hut floating in the ocean, and the moment when he was taken on board, finally safe and sound. The boat was heading for Japan, so they took him with them. Finally, the Indonesian embassy collected him and flew him home, almost two months after his ordeal had begun.

1. What do you think would be the best title for the article?

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- ☐ a. How to survive a month at sea
- ☐ b. Third time unlucky?
- ☐ c. The lonely life of a fisherman
- ☐ d. Ocean tragedy for a teenager

2. Why is the word *heartbreakingly* used in Paragraph E?

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- ☐ a. To explain how Aldi must have felt when he saw the ship.
- ☐ b. To justify why Aldi felt that his troubles were now over.
- ☐ c. To express the writer's own feelings about the captain's actions.
- ☐ d. To describe how the captain felt about Aldi.

3. What is suggested about Aldi's job in Paragraph H?

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- ☐ a. The job was well-paid and relatively easy work.
- ☐ b. He risked his life by taking the job because he was poor.
- ☐ c. His parents were relieved when he gave up the job.
- ☐ d. The job did not pay enough to support his family.

4. How can we describe Aldi's personality?

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- ☐ a. He is resourceful and determined.
- ☐ b. He is always optimistic about the future.
- ☐ c. He has a tendency towards depression.
- ☐ d. He is resentful about what happened to him.



Match the highlighted collocations from the text with their definitions below.

A. gone through the ordeal •

B. got off relatively lightly •

C. had no choice but to •

D. done the trick •

E. take his mind off •

F. took its toll •

G. kept him going •

H. considered his options •

I. took it for granted •

J. not have a clue •

K. make himself understood •

• 1. Believed something without even thinking about it.

• 2. Communicate effectively.

• 3. Was forced to do something.

• 4. Experienced less harm than might be expected.

• 5. Had the necessary or wanted result.

• 6. Caused harm or suffering.

• 7. Be unable to guess something.

• 8. Stop him from worrying or thinking about something.

• 9. Had a very difficult or painful experience.

• 10. Thought carefully about what to do.

• 11. Helped him to continue, despite the difficult situation.

## Exercise 2\*\*

Replace the underlined parts with the binominals from Exercise 1. For example: black and white, more or less, bread and butter.

Keyboard instructions ▼

touch and go

give and take

sooner or later

more or less

ups and downs

take it or leave it

safe and sound

there and then

pick and choose

Move

1 Wherever my cat has disappeared to, I just hope he'll come home with no problems. 

safe and sound

2 Visitors to the museum can select from over 100 arcade games from the 80s and 90s. 

DRAG ITEM HERE

3 Don't be too hard on yourself. After all, most people fail at something at some point. 

DRAG ITEM HERE

4 Like every business we have our good and bad times but generally we are successful. 

DRAG ITEM HERE

5 I can't sell it for less than £100. That's my lowest price – accept it or don't. 

DRAG ITEM HERE

6 Compromise is the recipe for success in a long-term relationship. 

DRAG ITEM HERE

7 We are almost finished here so I can meet you in about half an hour. 

DRAG ITEM HERE

8 I told him immediately that if he lied to me again, our friendship would be over. 

DRAG ITEM HERE

9 It was uncertain whether the rescue team would be able to save the man in the cave. 

DRAG ITEM HERE

**Complete the mini-conversations with suitable binominals.**

**Kerem** I was worried about you Azize! I'm so glad you are home  safe and sound .

**Azize** I said I'd be back by 9 o'clock and it's ... ten past so I'm  on time.

**Fidel** The neighbours were arguing again last night.

**Eduardo** Hmm, that sucks. I suppose every couple have their .

**Fidel** I guess it's true what they say about compromise; a successful relationship requires plenty of .

**Ryu** I'm making omelettes, if you want one.

**Satoshi** Omelettes, huh? Not very exciting. How about something else?

**Ryu** It's omelettes or nothing, .

**Satoshi** Hmm. Omelettes would be lovely, thanks.

**Clive** You really need to wear a helmet when you're on your bike, Lenny.  you're going to injure yourself. It's only a matter of time!

**Lenny** I know, but I can't afford to buy one this month. I'll get one soon.

**Complete the text messages with one word in each gap.**

1 You can  pick  and choose from the chocolate bars in the fridge, but leave one for me.

2 Just to let you know, we've arrived  and sound in Paris.

3 The guy offered £100 for the bike – take it or  it. So I took it.

4 I've  or less finished my homework so you can come over.

5 Try not to worry. Every relationship has its ups and .

6 I'm sure your spare keys will turn up  or later.