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BEFORE READING

What is volunteering? Why is it an important action?

Volunteering in Palestine: A Life-Changing Experience



When people volunteer in conflict zones, they often gain more than they give. If someone *wants to* understand resilience, they *only need to* visit Palestine. That's what happened to Laral, a university student from Spain. She was accepted into a humanitarian program, and if her application *hadn't been approved*, she *would have missed* one of the most meaningful experiences of her life.

Lara worked in a community center in Ramallah, where English and art classes were *offered to* children. Although the situation was tense, kindness and hospitality were *always shown*. If the children *feel safe*, they *learn better*—this was something she saw every day.

She says that if more people saw the situation all Palestinians live firsthand, global perspectives *would shift*. Moreover, when local voices *are heard*, real change *can happen*. She helped wherever she was needed, and if something *needed to be fixed*, it was *repaired* by the group quickly.

Lara believes that if peace efforts *are supported* with education and empathy, a better future *will be built*. Because of this experience, her life and career path *have been transformed*, as she has chosen to pursue her dream to become an international lawyer, so she can fight for her dreams to provide to other communities, most specifically to children and women, all over the world

1. Multiple Choice (Choose the best answer)

1.1. Why did Lara go to Palestine?

- A) To visit family
- B) For a vacation
- C) To participate in a volunteer program
- D) To study at a university

1.2. What kind of work did Lara do?

- A) She taught art and English to children
- B) She worked in a hospital
- C) She built homes
- D) She worked at a restaurant

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1.3. According to Lara, what helps children learn better?

- A) More homework
- B) If they feel safe
- C) More books
- D) Long school hours

1.4. What was always shown to Lara in the community?

- A) Frustration
- B) Anger

- C) Kindness and hospitality
- D) Confusion

1.5. What does Lara believe can help build a better future?

- A) Military force
- B) Protests
- C) Education and empathy
- D) Donations only

2. True or False

2.1. Lara is from the United Kingdom. **(True/False)**

2.2. The children in Ramallah learned English and art. **(True/False)**

2.3. Lara regrets going to Palestine. **(True/False)**

2.4. The local people did not help fix anything. **(True/False)**

2.5. Lara's experience influenced her life and career. **(True/False)**

3. Reading Comprehension questions

3.1. Why did Lara decide to join a volunteer program in Palestine?

3.2. What kinds of activities were offered at the community center where Lara worked?

3.3. How did the local people treat Lara during her stay in Ramallah?

3.4. What does Lara think might happen if more people visit Palestine and listen to local voices?

3.5. In what way did the volunteer experience affect Lara's future?

4. Complete the Sentences

4.1. If children feel safe, _____.

4.2. If you visit Palestine, _____.

4.3. If something needs to be fixed, _____.

4.4. Real change happens if _____.

4.5. If Lara volunteers, _____.

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5. Transform Into Zero Conditional Sentences

5.1. When you help people, they feel more connected.

5.2. She repairs things when they break.

5.3. They show kindness when visitors arrive.

5.4. People learn more when they feel safe.

5.5. Volunteers gain experience when they join programs.

6. RATING ACTIVITY: is it real/possible or silly/not logical.

Read the sentences. Write **Real** or **silly** accordingly

- If water is hot, it boils. _____
- If cats are hungry, they drive cars. _____
- If it rains, the ground gets wet. _____
- If I drop ice in the sun, it melts. _____
- If dogs are thirsty, they drink water. _____
- If books are tired, they go to sleep. _____
- If I don't eat, I feel hungry. _____
- If the light is on, the room is dark. _____

7. Survey

Ask 2 of your classmates the following questions. Write down their answers

- What do you do if you are sad?

1. _____

2. _____

- What do you do if you are happy?

1. _____

2. _____

- What do you like to do if it rains?

1. _____

2. _____