

Active English Discussion 2

Unit 18 Self-confidence

A. Fill in the Blanks

Use the correct word from the box to complete each sentence.

inspire	soap opera	anonymous
quotation	essential	take risks
self-confidence	conquer	vicious
	anxious	

1. She spoke in front of the class with great _____, showing that she believed in herself.
2. The author of the book chose to remain _____, so no one knew who wrote it.
3. Before his exam, he felt very _____ and could not sleep well.
4. Water is _____ for human survival.
5. Teachers often try to _____ students to reach their goals.
6. The dog became _____ and tried to bite the kid when it felt threatened.
7. He began his speech with a famous _____ from Albert Einstein, "Imagination is more important than knowledge."
8. With hard work and determination, we can _____ our fears.
9. Maria watches her favorite _____ every afternoon; she never misses an episode.
10. If you want to succeed in business, sometimes you have to _____ and try new things.

B. Multiple Choice

Choose the best answer.

11. Which phrase refers to a **TV drama series, often about relationships and emotions**?
 - a) soap opera
 - b) vicious circle
 - c) no use
 - d) self-esteem
12. Which word means **necessary or very important**?
 - a) anxious
 - b) conquer
 - c) self-confidence
 - d) essential
13. Which word means **confidence and respect for yourself**?
 - a) self-esteem
 - b) inferiority complex
 - c) key to
 - d) no use
14. Which phrase means **a situation where one problem causes another, which makes the first problem worse, going round and round and repeating itself**?
 - a) come out on top
 - b) it makes sense to
 - c) vicious circle
 - d) self-esteem
15. Which phrase describes **a feeling of being less valuable or capable than others**?
 - a) self-esteem
 - b) inferiority complex
 - c) no use
 - d) key to
16. Which phrase is often used to suggest that something is logical or reasonable?
 - a) it makes sense
 - b) come out on top
 - c) vicious circle
 - d) no use



17. Which phrase means **there's no point in doing something**?

- a) come out on top
- b) no use
- c) self-esteem
- d) key to

18. Which phrase means **to succeed or win after difficulty**?

- a) inferiority complex
- b) vicious circle
- c) come out on top
- d) it makes sense to

C. Answer what is being asked.

1. Give 5 adjectives that describe you.

2. Give 5 adjectives that DO NOT describe you.