

The Benefits of Reading Books

Vocabulary Bank:

> ***knowledge*** *(kiến thức)* – ***imagination*** *(trí tưởng tượng)* – ***grammar*** *(ngữ pháp)* – ***relax*** *(thư giãn)* – ***creativity*** *(sự sáng tạo)* – ***vocabulary*** *(từ vựng)* – ***important*** *(quan trọng)* – ***culture*** *(văn hóa)* – ***reduce stress*** *(giảm stress)* – ***comfortable*** *(thoải mái)*

Task: Complete the paragraph using the words from the vocabulary bank. Each word can be used once only.

Reading books is one of the most (1) _____ hobbies for students.

Firstly, it helps us gain more (2) _____ about science, history and (3) _____.

Moreover, reading improves our (4) _____ and (5) _____.

In addition, it is a good way to (6) _____ after school because it helps us (7) _____ and feel (8) _____.

Finally, books can open our (9) _____ and increase our (10) _____.

In conclusion, reading brings many benefits to our life.

LIVEWORKSHEETS

The Benefits of Listening to Music

Vocabulary Bank:

- reduce anxiety (giảm lo âu)
- boost concentration (tăng khả năng tập trung)
- broaden horizons (mở rộng tầm nhìn)
- inspire creativity (truyền cảm hứng sáng tạo)
- regulate emotions (điều chỉnh cảm xúc)
- relieve stress (giảm căng thẳng)
- improve memory (cải thiện trí nhớ)
- social connection (kết nối xã hội)
- positive energy (năng lượng tích cực)
- cultural understanding (hiểu biết văn hoá

Task: Complete the paragraph using the words from the vocabulary bank. Each word can be used once only.

Listening to music brings many benefits to our life.

Firstly, it can (1) _____ and (2) _____ after a busy day.

Music also helps us (3) _____, which is useful when we are studying or working.

Moreover, it can (4) _____ and (5) _____, making us more imaginative.

Listening to different types of music can give us (6) _____ and improve our (7) _____.

In addition, music creates (8) _____ among people and gives us (9) _____.

Finally, enjoying music from different countries helps us gain (10) _____.



LIVEWORKSHEETS