



Habib Girls' School
Science Worksheet
Class III

Name: _____ Sec: _____ Roll no: _____ Date: _____

Q1. Match the definition with correct life processes.

	Life processes		Definition
1.	Growth	A	To change position
2.	Reproduction	B	To increase in size.
3.	Movement	C	To produce off springs
4.	Nutrition	D	The process of providing or obtaining the food.

1 _____ 2 _____ 3 _____ 4 _____

Q2. Help Soha to sort these foods into the right column of food groups;

Beans	celery	potatoes	pear	yogurt	grain	cheese
Eggs	wheat	cabbage	butter	bread	meat	fish

Carbohydrate	Milk and dairy products	Fats and sugary food	Protein	Vitamins and minerals

Q3: Which type of food should you eat in smaller amounts? Why?

Q4. Alia drank water from a pond without boiling or filtering it. The next day, she felt stomach pain. Why did this happen?

Q5) Give Reasons for the following statements

1.It is important to have a balanced diet.

2. All animals and humans reproduce.

3. Aiza feels inactive and lazy as she spends her entire day playing video games.
