3. "Where should I register for a course on life skills?"
   An asked Mary _____
4. "How should we find a support center for the homeless?"
   James and Lily couldn't tell _____
5. "When should we start our campaign?"
   They had no idea _____
6. "Mom, who should I call upon arriving at the airport?"
   Trang asked her mother _____
7. "Should I dial 18001567 to ask for advice about family problems?"
   Phong was not sure _____
8. "What should we do to help those disadvantaged children?"
   They wondered _____
9. "When should I start teaching my children to cook?"
   She couldn't decide _____
10. "How should I deal with negative emotions and stress?"
    Hoa asked Nam _____

IX. Fill in each blank with a suitable preposition.

1. He felt that they were making fun _____ him, though he could not understand why.
2. He wasn't able to cope _____ the stresses and strains of the job.
3. We have to improve and increase mass participation _____ sports.
4. This goes beyond the boundaries _____ what is accepted.
5. My parents never put any pressure _____ me to get a job.
6. You can dial 114 in case of fire _____ dealing area codes.
7. She gave up German in order to concentrate _____ her French.
8. Parents need to continue to empathize _____ the child.

C. SPEAKING

I. Complete the conversation with the sentences from the box. Write the letters of the sentences.

A. Are you worried about the upcoming exam?
B. Well, have you thought of solving this problem?
C. So, what makes you stressed out?
D. It will. After starting the conversation, remember to apologize her for the argument and present your ideas once more time with calmness if you want.
E. What's wrong with you?
E. Seriously?
G. If I were you, I would smile at her, then choose a common topic to talk about.

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Mom: (1) _____

Hoa: I'm not sure but I think I am stressed.

Mom: (2) _____

Hoa: No, I'm not. I have prepared for it, so I can tackle it easily.

Mom: (3) _____

Hoa: Well, I argued with my best friend yesterday.

Mom: (4) _____

Hoa: Yes. We discussed how to set up a camp for our group and we couldn't agree on any plans.

Mom: (5) _____

Hoa: Yes, I have. However, I don't know how to start a conversation with her.

Mom: (6) _____

Hoa: Will it work?

Mom: (7) _____

Hoa: Oh, great! Thank you, mom! I will try.

II. Put the dialogue into the correct order.

___ United States I think, but I'm so worried about myself.

_1_ I'm planning to study abroad next year.

___ What are you worried about?

___ Oh dear. It may cause you a lot of problems then. I think you should prepare for your trip from now.

___ I mean, I don't know how to cook, study by myself or manage my budget.

___ What should I do?

___ What else can I do?

___ Cool! Which country will you set foot on?

___ What do you mean?

___ I think you should share your thoughts with your parents when you are tense. They can give you some useful advice.

___ Right. Thank you very much!

___ I don't think I have enough skills to live far away from my family.

___ You can register for a soft skill course at the Youth Cultural House , KDI or Vietskills, etc. After that, try to practice as much as possible.

D. READING

I. Complete the passage with words from the box.

conflict	refers	less	most	through	ambitions	with	studying

The term "Life Skills" (1)_____ to the skills you need to make the most out of life. Life skills are usually associated with managing and living a better quality of life. They help us to accomplish our (2)_____ and live to our full potential. Any skill that is useful in your life can be considered a life skill. Different life skills will be more or (3)_____ relevant at different times in your life, for example:

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- When at school or university, you'll need (4)_____ skills.
- When you have a job, leadership and presentation skills may be useful, along with a whole host of other skills.
- There will be times throughout your life when you'll need (5)_____ resolution, stress management and problem solving skills too.

However, perhaps the (6)_____ important life skill is the ability and willingness to learn. By learning new skills we increase our understanding of the world around us and equip ourselves with the tools we need to live a more productive and fulfilling life, finding ways to cope (7)_____ the challenges that life, inevitably, throws at us. Life skills are not always taught directly but often learned indirectly (8)_____ experience and practice.

II. Read the text carefully. Then do the tasks.

Stress isn't just a problem for adults. Young people, however, are also suffering from stress with different causes. Below are some factors that contribute to those youngsters' unhealthy levels of stress.

School Pressure

Teenagers often feel stressed about academic and extracurricular demands. Students feel pressure to complete daily homework, finish projects and study for exams. In addition to the quest for good grades, teens may also participate in extracurricular activities, such as sports, student council, cheerleading and clubs. The added pastimes may contribute to teenage stress and anxiety if the activities arc competitive and require scheduling that cuts into study and relaxation time.

Peer Pressure

Although teens may have a solid group of friends, their peers may pressure them to hang out instead of studying or experiment with drugs, alcohol or sexual activities that go against their morals or family rules. Peer pressure, bullying on campus and harassment may distract teens from studying, leading them to feel additional stress and anxiety.

Family Problems

Teenagers can also feel stress at home because of family pressures and problems. Arguments with siblings, disagreements with parents over rules and expectations and the need to consistently care for younger siblings may also contribute to teen stress.

Sense of Loss

Teens may also feel stress and anxiety when experiencing a sense of loss. "Loss" can mean the end of a relationship, friendship or cherished extracurricular activity. Breaking up with a boyfriend or best friend, for example, may lead them to doubt their self-worth or feel anxious about attending school or social functions because of their change in social status.

A. Decide whether the following sentences are true (T) or false (F).

1. Stress is a problem of both adults and young people.
2. Youngsters can't be stressed if they do well in their classes.
3. Peer pressure can make teens unable to concentrate on studying.
4. The family is always the best place, so it doesn't cause stress for teenagers.
5. Some problems in the social relationship can lead teens to doubt or anxiety.

B. Answer the questions.

6. What can the added pastimes cause to teens?

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7. What can distract teens from studying?

_____

8. What are family problems that put teens under pressure?

_____

9. What can "loss" mean?

_____

10. Why can teens doubt their self-worth after a broken relationship?

_____

E. WRITING

I. Write sentences, using the clues given.

1. it/ be/ important/ keep/ calm/ emergency.

_____

2. the schools/ nationwide/ experience/ teacher shortages/ at present.

_____

3. he/ said/ he/ send/ us/ postcard/ following day.

_____

4. Jane/ find/ it/ easy/ empathize/ characters/ the books.

_____

5. they/ cannot/ make/ final decision/ where/ visit/ Malaysia.

_____

6. if/ I/ be/ you, I/ call/ the helpline/ help.

_____

7. after/ live/ France/ a year, I/ feel/ much/ more/ confident/ my French.

_____

8. she/ wondered/ whether/ tell/ her/ best friend/ what/ she/ think.

_____

II Complete the second sentence so that it has a similar meaning to the first sentence.

1. "Where did you meet him?" Jimmy asked.

→ Jimmy asked _____

2 "When should I register for the new course on Chinese?" Jim asked his teacher.

→ Jim asked his teacher _____

3. Joana couldn't decide when she should start her journey.

→ Joana couldn't decide _____

4. "You must stay in bed until next Monday!" the doctor said.

→ The doctor said _____

5. I have no idea who I should call for help in this situation.

→ I have no idea _____

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6. "Should I tell her the truth about her misery?" she asked herself.

→ She wondered _____

7. I'm not sure what I should do to help her overcome her mom's death.

→ I'm not sure _____

8. "I am going to work for a new company next week," John said.

→ John said _____

TEST FOR UNIT 3

I. Choose the word whose underlined part is pronounced differently from the others.

1.	a. treasure	b. pleasure	c. ensure	d. measure
2.	a. daughter	b. author	c. laundry	d. sausage
3.	a. dials	b. calls	c. says	d. plays
4.	a. education	b. graduate	c. individual	d. confident
5.	a. embarrassed	b. awareness	c. abandoned	d. captain

II. Choose the word that has the main stress placed differently from the others.

1.	a. frustrated	b. confident	c. delighted	d. embarrassed
2.	a. assure	b. pressure	c. figure	d. leisure
3.	a. concentration	b. favorable	c. adolescence	d. relaxation
4.	a. recognize	b. concentrate	c. assignment	d. cognitive
5.	a. teenager	b. vehicle	c. activate	d. nationwide

III. Underline the verb forms of *be* which should be stressed in the following sentences.

1. - Isn't he your best friend?
   - Yes, he is.
2. - Oh my God! We are late for the wedding.
   - Actually, we aren't. The card says it begins at 7pm. It's just 6.30 now.
3. - You aren't happy about your test?
   - I am happy! But I don't want to be overexcited.
4. Who are they?
5. - Where are you? You aren't in front of the cinema.
   - I am in front of the cinema, but I can't see you.
6. - Are you going out now?
   - Yes, I am. Can you wait for me for a while?

IV. Choose the best answer a, b, c or d to complete the sentence.

1. Did you forget your purse _____ purpose so you wouldn't have to pay?

   a. on b. of c. in d. for

2. He was sentenced to ten years in prison on charges of drug _____.

   a. charging b. stealing c. trafficking d. trading

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