

How often do you run? - Homework

8. Choose the correct responses.

1. **A:** How often do you play golf, Monica?

B: Once a week

- I guess I'm OK.
- Once a week.
- About an hour.

2. **A:** How long do you spend on the golf course?

B: _____

- About four hours.
- About average.
- About three miles.

3. **A:** And how well do you play?

B: _____

- I'm not very well.
- I almost never do.
- I'm about average.

4. **A:** How good are you at other sports?

B: _____

- Not very good, actually.
- I sometimes play twice a week.
- Pretty well, I guess.

9. Look at the answers. Write questions using how.

1. **A:** How long do you spend exercising?

B: I don't spend any time at all. In fact, I don't exercise.

2. **A:** _____ at playing football?

B: I'm pretty good at it. I'm on the school team.

3. **A:** _____ for a walk?

B: Almost every day. I really enjoy it.

4. **A:** _____

B: Baseball? Pretty well, I guess. Yeah, I like it a lot.

5. **A:** _____

B: I spend about an hour jogging.

10. Rewrite these sentences. Find another way to say each sentence using the words given.

1. I don't go bike riding very often.

I hardly ever go bike riding. (hardly ever)

2. Tamara exercises twice a month.

_____. (not very often)

3. Patty tries to keep fit.

_____. (stay in shape)

4. Ricardo often exercises at the gym.

_____. (work out)

5. I go jogging every day after work.

_____. (always)

6. How good are you at tennis?

_____. (play)

11. What do you think about fitness and sports?
Answer these questions.

1. Do you like to exercise for a short time or a long time?
2. Do you prefer exercising in the morning or in the evening?
3. Which do you like better, walking or jogging?
4. Which do you like better, team sports or individual sports?
5. How good are you at sports like basketball and tennis?

6. What is a sport or game you don't like?