LONELINESS



Video

Watch a video about loneliness and do the exercises that follow. Remember to stop the video to work on each one of the parts and record your responses at *vocaroo.com* to paste the links for each answer.

VIDEO

Watch the Introductory section and answer the following question: (30 seconds)

- Being lonely and being alone - are these the same? (Why? Why not?) Explain.

Response link:

Watch Part 1 and answer the following question: (30 seconds)

- Why was our feeling of loneliness son important in prehistoric times?

Response link:

Watch Part 2 and answer the following questions: (60 seconds)

- How has our social network changed throughout history?
- How is it connected to our feelings of loneliness?

Response link:

Watch Part 3 and answer the following question: (30 seconds)

- How does chronic loneliness affect our lives?

Response link:

Watch Part 4 and answer the following question: (30 seconds)

- What can we do about this vicious cycle of loneliness?

Response link:



LIVEWORKSHEETS