

Adverbs of frequency

██████	We always hang out with our friends.
██████	He usually goes to the gym.
██████	I often visit my grandma.
██████	She sometimes has dinner with us.
██████	They never get up late.

1 Complete the sentences with adverbs of frequency.

- 1 Jack **sometimes** cycles to school.
- 2 Emma **_____** has breakfast at home.
- 3 Pete **_____** does his homework in his bedroom.
- 4 I **_____** play in the park.
- 5 We **_____** watch TV in the morning.
- 6 My parents **_____** go out with their friends.

Adverb + verb

I **always** have breakfast.
They **never** get up late.

Adverb + to be

I am **always** happy.
They are **never** late.

2 Rewrite the sentences. Use the word in brackets.

- 1 I'm busy on Saturdays. (often)

I'm often busy on Saturdays.

- 2 Kit helps me at home. (often)

- 3 Uncle Roberto visits me. (sometimes)

- 4 I cook dinner. (never)

- 5 Kit is happy. (always)

- 6 Kit and I have fun. (usually)



3 Vocabulary Complete the days of week. Then put them in the correct order.

We __ esday
__ ue __ day
1 M __ onday
Sat __ day
__ u __ day
Th __ r __ day
__ r __ day

4 Look at the information about Tom and write sentences.

1 be late for school?

never

5 play computer games?

sometimes

2 get up late?

usually (on Sunday)



4 play football?

often (on Saturday)

3 be happy?

usually

1 Tom is never late for school.

2 He _____.

3 He _____.

4 He _____.

5 He _____.

* 5 Look at Exercise 4 again. Write sentences that are true for you.

1 I _____ late for school.

2 _____

3 _____

4 _____

5 _____