Adverbs of frequency

■■■■	We always hang out with our friends.
■■■□	He usually goes to the gym.
■■□□	I often visit my grandma.
■□□□	She sometimes has dinner with us.
□□□□	They never get up late.

1 Complete the sentences with adverbs of frequency.

1 Jack ■□□□ *sometimes* cycles to school.
2 Emma ■■■■ _____ has breakfast at home.
3 Pete ■■■□ _____ does his homework in his bedroom.
4 I ■□□□ _____ play in the park.
5 We □□□□ _____ watch TV in the morning.
6 My parents ■□□□ _____ go out with their friends.

Adverb + verb	Adverb + to be
I always have breakfast.	I am always happy.
They never get up late.	They are never late.

2 Rewrite the sentences. Use the word in brackets.

1 I'm busy on Saturdays. (often)
I'm often busy on Saturdays.
2 Kit helps me at home. (often)
_____
3 Uncle Roberto visits me. (sometimes)
_____
4 I cook dinner. (never)
_____
_____
5 Kit is happy. (always)
_____
_____
6 Kit and I have fun. (usually)
_____
_____



3 **Vocabulary** Complete the days of week. Then put them in the correct order.

We__esday
_ue_day
1 M_o_nday
Sat__day
_u_day
Th_r_day
_r_day

4 Look at the information about Tom and write sentences.

1 be late for school?
never

2 get up late?
usually (on Sunday)

5 play computer games?
sometimes



4 play football?
often (on Saturday)

3 be happy?
usually

1 Tom *is never late for school*.
2 He _____.
3 He _____.
4 He _____.
5 He _____.

***5** Look at Exercise 4 again. Write sentences that are true for you.

1 I _____ late for school.
2 _____
3 _____
4 _____
5 _____

LIVEWORKSHEETS