

Adverbs of frequency

■ ■ ■ ■	We always hang out with our friends.
■ ■ ■ □	He usually goes to the gym.
■ ■ □ □	I often visit my grandma.
■ □ □ □	She sometimes has dinner with us.
□ □ □ □	They never get up late.

1 Complete the sentences with adverbs of frequency.

- Jack ■ ■ ■ □ sometimes cycles to school.
- Emma ■ ■ ■ ■ _____ has breakfast at home.
- Pete ■ ■ ■ □ _____ does his homework in his bedroom.
- I ■ ■ ■ □ _____ play in the park.
- We □ □ □ □ _____ watch TV in the morning.
- My parents ■ ■ ■ □ _____ go out with their friends.

Adverb + verb

I **always** have breakfast.
They **never** get up late.

Adverb + to be

I am **always** happy.
They are **never** late.

2 Rewrite the sentences. Use the word in brackets.

- I'm busy on Saturdays. (often)
I'm often busy on Saturdays.
- Kit helps me at home. (often)

- Uncle Roberto visits me. (sometimes)

- I cook dinner. (never)

- Kit is happy. (always)

- Kit and I have fun. (usually)



3 Vocabulary Complete the days of week. Then put them in the correct order.

We _ _ _ _ _ day
_ _ _ _ _ ue _ _ _ day
1 M _ _ _ _ day
Sat _ _ _ _ _ day
_ _ _ _ _ u _ _ _ day
Th _ _ _ _ _ r _ _ _ day
_ _ _ _ _ r _ _ _ day

4 Look at the information about Tom and write sentences.

1 be late for school?
never

2 get up late?
usually (on Sunday)

5 play computer games?
sometimes

4 play football?
often (on Saturday)

3 be happy?
usually



1 Tom is never late for school.

- He _____.
- He _____.
- He _____.
- He _____.
- He _____.

* 5 Look at Exercise 4 again. Write sentences that are true for you.

- I _____ late for school.
- _____
- _____
- _____
- _____