

## The Right Clothes: Staying Safe and Comfortable

Clothing isn't just about fashion—it can actually make life easier and even save your life! The right clothes protect us from the weather, dangerous environments, and other hazards.

Firefighters wear special suits to protect themselves from flames, while astronauts wear space suits to survive in space. In very cold or hot places, wearing the correct gear helps people avoid injuries like frostbite or heatstroke. Even simple things like wearing a raincoat or sturdy shoes can prevent problems and keep us safe. Understanding what to wear in different situations is an important part of staying healthy and safe.

**Fill in the Blank:** Fill in the blank with the correct words.

1. Firefighters wear \_ to protect themselves from heat and flames.
2. In the winter, wearing a \_ helps keep you warm and prevents frostbite.
3. Astronauts need a \_ to survive the harsh conditions in space.
4. Wearing \_ can protect your feet from sharp objects and rough ground.
5. A \_ helps keep you dry during heavy rain.

Word Bank:

raincoat, boots, coat, special suits, space suit

**Multiple Choice Questions:** Choose the correct answer from the choices for each question.

1. Why do astronauts wear space suits?
  - a) To look cool
  - b) To survive in space
  - c) To be comfortable
  - d) To move faster
2. What could happen if you don't wear a coat in freezing weather?
  - a) You'll get a tan
  - b) You might get frostbite
  - c) You'll run faster
  - d) You'll feel sleepy

3. Which clothing item is best for protecting yourself in a rainstorm?
  - a) T-shirt
  - b) Sandals
  - c) Raincoat
  - d) Scarf
4. Why is it important to wear sturdy boots when hiking?
  - a) They match your outfit
  - b) They protect your feet
  - c) They are lightweight
  - d) They are colorful
5. What kind of clothes do firefighters wear?
  - a) Swimsuits
  - b) Pajamas
  - c) Special suits
  - d) Uniforms

**Comprehension Questions:**

1. What are some examples of special clothing mentioned in the text that protect people in dangerous situations?
2. How do the right clothes help us avoid injuries in extreme weather conditions, according to the text?
3. Why is it important to understand what to wear in different situations?
4. What is one way that everyday clothing, like a raincoat or sturdy shoes, can keep us safe?
5. Based on the text, how might clothing contribute to a person's health and safety?

**Open-Ended Questions:** Answer the following questions in complete sentences.

1. Describe a time when wearing the right clothes helped you stay safe or comfortable.
2. Why is it important for workers in dangerous jobs to wear special clothing?
3. How can wearing the right clothes help you during outdoor activities?