

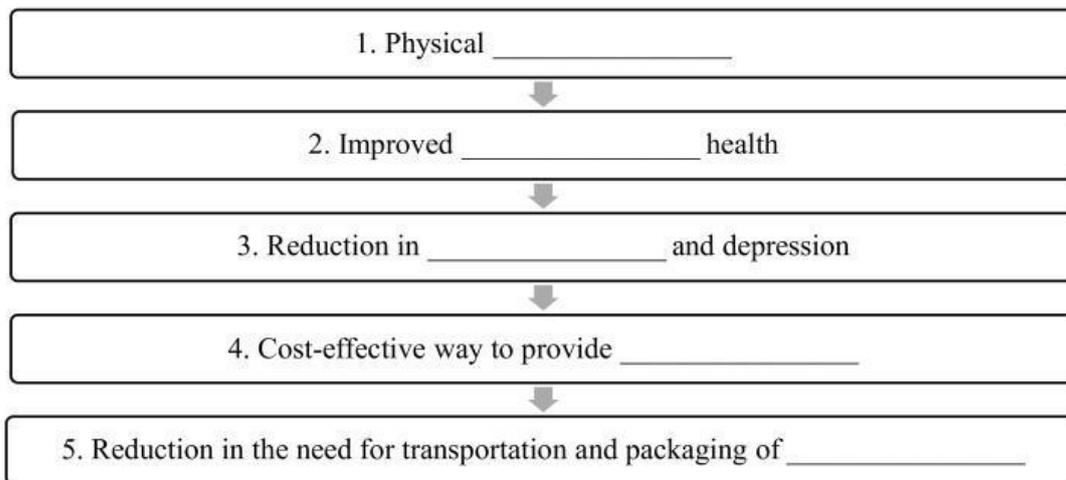
IELTS – READING

<p>QUESTION TYPE: Flow-chart Completion</p> 	<p>EXAM ADVICE:</p> <ul style="list-style-type: none"> • Step 1: Read the instructions carefully to check how many words you can write. • Step 2: Study the layout of the flow-chart and try to understand what is happening generally, look at any headings to help you decide what kind of words to look for in the passage. Note the position of the gaps. • Step 3: Quickly read through the sentences or phrases with gaps in to get a general idea of what information you'll be looking for in the text. Try and work out what type of word is missing in each case. • Step 4: Scan the passage to locate the right parts that help you find the answers. • Step 5: Read the appropriate section carefully to find the answers. • Step 6: Transfer the word(s) exactly as they are to the gap. Remember to check your spelling. • Step 7: Do the same steps with the remaining gaps.
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Exercise 1. Read the passage and do the task.

<p>The Benefits of Gardening</p> <p>Gardening is a popular pastime enjoyed by people of all ages around the world. Many people find gardening to be a relaxing and fulfilling activity that helps them connect with nature and the environment. Gardening can also provide numerous health benefits.</p> <p>One of the main benefits of gardening is physical exercise. Gardening involves many physical activities such as digging, planting, weeding, and pruning, which can help improve flexibility, strength, and endurance. Spending time in the garden can also help reduce stress and improve mental health. Gardening has been shown to help reduce anxiety and depression, as well as improve mood and self-esteem.</p> <p>In addition to the benefits of physical and mental health, gardening can also be a great way to save money on groceries. Growing your own fruits and vegetables can be a cost-effective way to provide fresh produce for you and your family. Gardening can also help promote sustainable living by reducing the need for transportation and packaging of produce.</p> <p>Overall, gardening is a beneficial and enjoyable activity that can improve physical, mental, and environmental health.</p>
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Complete the flow-chart below with the benefits of gardening according to the reading passage. Use **NO MORE THAN TWO WORDS**.



<p>QUESTION TYPE: True/ False/ Not given</p> 	<p>EXAM ADVICE:</p> <ul style="list-style-type: none"> • Step 1: Read all the statements carefully, trying to understand the whole sentence's meaning rather than simply highlighting keywords. Watch out for qualifying words (e.g. some, always). • Step 2: Try to think of the synonyms that might be in the passage. This will help you identify the matching part of the passage. • Step 3: Match the statement with the correct part of the text. • Step 4: Focus on the statement again and then carefully read the matching part of the text to establish if it is true or false. Remember the meaning should exactly match that of the statement if it is true. • Step 5: Underline the words that give you the answer, as this will help you focus, and you can check back later. Again, be careful there are no qualifying words in the text. • Step 6: If you are really unsure or can't find the answer, mark it as 'not given'.
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Exercise 2: Are the following statements **TRUE**, **FALSE**, or **NOT GIVEN** according to the information in the passage?

- **True:** the statement matches the information in the passage.
- **False:** the statement contradicts the information in the passage.
- **Not Given:** the information is not found in the passage.

Ana Johnson

Ana Johnson is a 13-year-old swimmer who lives in Melbourne in Australia. Her dream is to swim for Australia in the next Olympics. She swims in both long and short races, and she has already come first in many important competitions.

As well as spending many hours in the pool, Ana also makes time for studying and for friends. 'I have lots of friends who swim and we're very close. It's much easier to have friends who are swimmers because they also have to get up early to practise like me and they understand this kind of life. But I'm not so different from other people my age. In my free time I also enjoy going to the movies and parties. There are also some good things about swimming for a club. I travel a lot for competitions, and I've made friends with swimmers from other Australian cities and from other parts of the world.'

Ana is becoming well known in Australia and she believes it is important to get more young people interested in swimming. 'I don't mind talking to journalists and having my photograph taken. But last year I was on TV and that was much more fun.'

1. Ana's home is in Melbourne. _____
2. Ana hopes she will become an Olympic swimmer. _____
3. Ana knows that she is better at short races than long ones. _____
4. Ana has won a lot of swimming competitions. _____
5. It is difficult for Ana to make friends with other people who swim. _____
6. Ana likes doing the same things as other teenagers. _____
7. Ana has met people from different countries at swimming competitions. _____
8. Ana prefers speaking to journalists to being on television. _____

TRANSLATION

Complete the table with the suitable translation.

English	Vietnamese
<p>Freya Stark was an explorer who lived during a time when explorers were regarded as heroes. She travelled to distant areas of the Middle East, where few Europeans - especially women had travelled before.</p>	
<p>His grandfather began the task of teaching him how to navigate when he was still a baby. He showed him pools of water on the beach to teach him how the</p>	

behaviour of the waves and wind changed in different places.	
	Stark trở nên nổi tiếng với tư cách là một nhà du lịch và nhà thám hiểm ở Trung Đông. Bà đã đến Lebanon vào năm 1927 khi 33 tuổi.
	Ông giải thích các vị trí của các ngôi sao cho học sinh của mình, nhưng ông cho phép họ ghi chép lại vì ông biết rằng họ sẽ không bao giờ có thể ghi nhớ tất cả mọi thứ như ông đã làm.