



Present Continuous Tense

Affirmative		Negative		Question	Short answers	
Full form	Short form	Full form	Short form			
I am Running	I'm Running	I am not Running	I'm not Running	Am I Running?	Yes, I am	No, I'm not
You are Running	You're Running	You are not Running	You aren't Running	Are you Running?	Yes, you are	No, you aren't
He is Running	He's Running	He is not Running	He isn't Running	Is he Running?	Yes, he is	No, he isn't
She is Running	She's Running	She is not Running	She isn't Running	Is she Running?	Yes, she is	No, she isn't
It is Running	It's Running	It is not Running	It isn't Running	Is it Running?	Yes, it is	No, it isn't
We are Running	We're Running	We are not Running	We aren't Running	Are we Running?	Yes, we are	No, we aren't
You are Running	You're Running	You are not Running	You aren't Running	Are you Running?	Yes, you are	No, you aren't
They are Running	They're Running	They are not Running	They aren't Running	Are they Running?	Yes, they are	No, they aren't

Spelling Rules: Verbs ending in -e drop e and add -ing e.g. write – writing / ride – riding / make – making
Verbs ending with one vowel and one consonant, double the consonant e.g. swim - swimming / sit – sitting

Use: We use the Present Continuous to talk about actions happening at the moment.

Time Words: now / at the moment / right now

e.g. → We're studying English at the moment. → Look! Bob is coming home.

1. Write the continuous form.

1. write –
2. say –
3. make –
4. sit –
5. look –
6. work –
7. sing –
8. cook –
9. play –
10. swim –

2. Write am /are/is.

1. I trying to do driving a car.
2. Look! The dog running.
3. Tom drinking a glass of coke.
4. Harry and Olivia doing their homework.
5. Dennis listening to music.
6. My sister making pasta.
7. James playing basketball now.
8. We watering the trees.
9. What Emma doing?
10. Grandma cleaning the car.
11. The kids playing ball.
12. I reading a book.

3. Put the verbs into Present Continuous.

1. We (go) to work.
2. My brother (eat) a sandwich.
3. I (sit) in the living room.
4. The pilot (fly) the plane.
5. They (play) on the sand.
6. James (take) a photograph now.
7. The baby (drink) his milk.
8. Emily (write) a letter.
9. Charlie and Mia (sing).
10. The children (run).

4. Look at the example and do the same.

1. James is sleeping.
Is James sleeping?
James isn't sleeping.
2. Thomas is reading his newspaper.
.....
3. My teacher is writing now.
.....
4. We are playing football.
.....
5. Harry and Kate are singing.
.....
6. Bob and I are using a computer.
.....

5. Look around you and answer these questions about you and your class.

1. Are you sitting with your best friend today? Yes, I am. / No, I'm not.
2. Are you having a good time in the lesson today?
3. Is your friend sending a text message?
4. Are you chewing gum right now?
5. Are you wearing blue socks today?
6. Is your partner eating something at the moment?
7. Is your teacher wearing trainers today?
8. Are all students doing this task?

I am
You are
He / She is
We are
You are
They are

6. Write the verbs in brackets in the correct form of Present Continuous.

1. My friend (write) an e-mail at the moment.
2. The children (study). Don't make noise.
3. You (read) a newspaper?
4. Where's mum? She (cook) in the kitchen.
5. I (not - wear) a white T-shirt at the moment.
6. (Your teacher - sit) on her chair?