

**1 Read and find the answer. Circle A, B, or C.**

**Example** I went to a birthday party yesterday. I ate a lot of candy. Today I don't feel good. I shouldn't eat anything. What's the matter?

- (A) A stomachache
- (B) An earache
- (C) A cough

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- 1 I watched a lot of TV and played video games yesterday. My head feels bad. My dad says I should take some medicine and rest. What's the matter?
    - (A) A cold
    - (B) A headache
    - (C) A sore throat
  - 2 I can only eat soup and drink water today. My face looks large on one side. Mom says I should go to the dentist. What's the matter?
    - (A) A toothache
    - (B) An earache
    - (C) A fever
  - 3 I feel very bad today. I can't speak loudly. Dad says I shouldn't talk or sing, and I should drink some orange juice or tea. What's the matter?
    - (A) An earache
    - (B) A fever
    - (C) A sore throat

## 2 Look at the pictures. Read the words. Which words go with the picture? Circle A, B, or C.

- Example (A) He has a stomachache.  
(B) He doesn't have a stomachache.  
(C) He should eat some food.



- 1 (A) He should play soccer.  
(B) He should lie down and rest.  
(C) He should listen to loud music.
- 2 (A) He shouldn't go swimming.  
(B) He should go swimming.  
(C) He has an earache.
- 3 (A) She has a stomachache.  
(B) She shouldn't drink water.  
(C) She has a cough.
- 4 (A) He should go to the dentist.  
(B) He should go to school.  
(C) He should eat some candy.
- 5 (A) She shouldn't stay at home.  
(B) She shouldn't go to school.  
(C) She shouldn't rest in bed.



**3 Read the letter. Answer the questions. Circle A, B, or C.**

Hi Mom and Dad,  
I really like this school camping trip. We are learning a lot about healthy food and exercise. Every day we have fruit and cereal for breakfast. Then we go for a walk next to the river. For lunch we have fish and rice and vegetables. We only drink water because soda has a lot of sugar. In the afternoon, we do a lot of fun activities. We play tennis or basketball. Yesterday my team won the basketball game! In the evening, we have a small dinner, and then we write in our health journals. We go to bed early and then we get up early the next day.  
Guess what? I don't like candy anymore! (Haha! Only joking!)  
Love,  
Nga

**Example** Where is Nga?

- (A) In the city
- (B) On a school trip
- (C) At a museum

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- 1 What is Nga learning about?
    - (A) Tennis and basketball
    - (B) Healthy food and exercise
    - (C) Camping and walking
  - 2 What do the children have for lunch?
    - (A) Rice, fruit, and fish
    - (B) Fish, noodles, and fruit
    - (C) Rice, vegetables, and fish
  - 3 What do they do in the evening?
    - (A) They write in their journals
    - (B) They eat cake and candy
    - (C) They get up early