1 **Find and circle the words. Then write.**

acoldanearacheacoughastomacheacheafeveraheadacheatoothacheasorethroat

1

a sore throat

2
_____

3
_____

4
_____

5
_____

6
_____

7
_____

8
_____

2 **Complete. Use the words in Exercise 1.**

What's the matter?

1 2 3 4 5 6
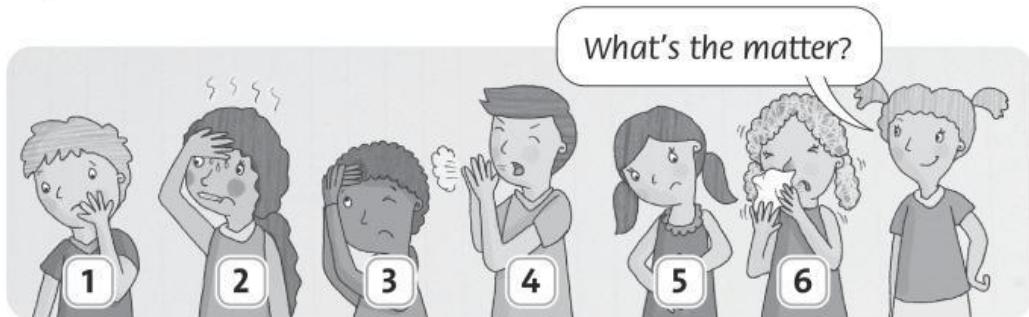
1 He has a t_oothache_____ .

2 She has a f_____ .

3 He has a h_____ .

4 He has a c_____ .

5 She has a s_____ .

6 She has a c_____ .

LIVEWORKSHEETS

I have a fever.

You should rest.
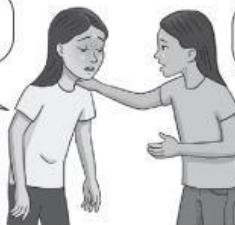
We use **should** and **shouldn't** to give advice. We can use these words to talk about health.

Affirmative

You **should** drink water.

You **should** go to bed.

Negative

You **shouldn't** go swimming.

You **shouldn't** go to school.

We use **Should...?** to ask yes/no questions for advice.

Questions

Should I rest?

Should I play soccer?

Short answers

Yes, you **should**.

No, you **shouldn't**.

We can use **What should...?** to form an open question.

What should I do when I have a fever?

3 Circle.

1 He has **a headache / a stomachache.** What should he do?
He **should / shouldn't** drink some water. He **should / shouldn't** eat cake.

2 He has **a fever / a cough**. What should he do?
He **should / shouldn't** play soccer. He **should / shouldn't** go to bed.

3 He has **an earache / a sore throat**. What should he do?
He **should / shouldn't** go to the doctor. He **should / shouldn't** listen to loud music.

LIVEWORKSHEETS

4 What should they do? Write sentences with *should*.

| eat his lunch | ~~drink some water~~ | see the doctor | go to bed |

1 He has a headache. _He should drink some water._

2 He has a stomachache. _____

3 They're tired. _____

4 He's hungry. _____

5 Complete with *should* or *shouldn't*.

Thanh I have an earache. What ¹___should___ I do?

Doctor You ²_____ rest.

Thanh ³_____ I listen to loud music?

Doctor No, you ⁴_____.

Thanh ⁵_____ I play outside?

Doctor No, you ⁶_____.

Thanh ⁷_____ I go to bed?

Doctor Yes, you ⁸_____.

LIVEWORKSHEETS

6 Look and complete.

| exercise | healthy | ~~strong~~ | sugar |

1 Exercise makes you ___strong___ .

2 Eat _____ food like fruit and vegetables.

3 _____ is bad for your teeth.

4 Running is very good _____ .

7 Complete the chart. Write sentences with *should* or *shouldn't*.

drink water and milk   ~~eat candy every day~~
eat fruit and vegetables   eat lots of chips
~~get lots of exercise~~

How to stay healthy	
Things you should do	Things you shouldn't do
1 You should get lots of exercise.	4 You shouldn't eat candy every day.
2 You should _____ .	5 You shouldn't _____ .
3 _____	

8 What healthy things do you do? Write.

1 _____ I get a lot of sleep. _____

2 I _____

3 _____

4 _____

1 Write the body part.

a sore <u>throat</u>

an ____ache
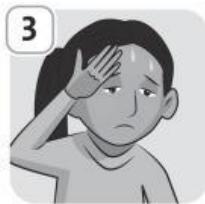
a ____ache

a ____ache

a ____ache

2 Write.

1 Linh has a fever. What <u>should she do</u>?

<u>She shouldn't go to</u> school.

2 I have a cough and a cold. What _____?

You _____ some juice.

3 Ben has an earache. What _____?

_____ loud music.

4 Minh has a stomachache. _____?

_____ cupcakes.

5 I have a sore throat. _____ to the doctor?

Yes _____.

6 She has toothache. _____ eat lots of candy?

_____.

1 Who is taking care of their health? Check ✓ or cross ✗.

1 ✓ **2** ☐ **3** ☐ **4** ☐
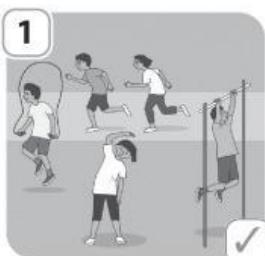
2 How do you take care of your heath? Draw and write.

exercise   food   sleep   water

LIVEWORKSHEETS

1 Look and write.

/ 3

earache _____ _____ _____ _____

2 Correct.

/ 4

| ~~chips~~ excercise healthy strong sugar |

1 You shouldn't eat lots of **vegetables**. _____chips_____

2 Milk makes your bones **short**. _____

3 **Water** is bad for your teeth. _____

4 Meat and fish are **bad** foods. _____

5 You should get lots of **candy**. _____

3 Write questions with *should*. Then write the answers.

/ 8

1 I have a cold. ___Should I___ go to school? ___No, you shouldn't.___

2 Minh has a sore throat. _____ drink water? _____

3 I have an earache. _____ visit the doctor? _____

4 Sally has a stomachache. _____ eat candy? _____

5 Mom has a fever. _____ exercise in the park? _____

_____ / 15

LIVEWORKSHEETS