

## THE DAILY ROUTINES OF A TEACHER

Karol is an English Teacher, and she wakes up at 5:00 am every weekday morning. She spends the first 15 minutes praying and then 10 minutes meditating. At 5:30 am, and then takes a shower to get ready to work as a Teacher. She gets dressed for half an hour. After that, Karol has breakfast, which is usually matcha tea, scrambled eggs and fruit. However, she sometimes doesn't eat in the morning.

She usually finishes breakfast at around 6.25 am. If it is a weekday, she always leaves the house at 6:30 and goes to school. Her class starts at 7:00 am, and she has 15 minutes to pray in the school yard. She teaches for 5 hours with her co-workers and then goes home for lunch at 2:00 pm. As soon as she finishes lunch, she has a nap for one hour.

After her nap, she likes to go for a walk around the river near to her house and look at nature. She sometimes reads or makes her lesson plans at the river in the afternoon. In the evening, during the week, she practices Chinese and works hard in the gym. Most of her friends are fitness too, so they train together.

She typically goes to bed at 10:00 pm because she prefers to write love stories for her blog. She sometimes falls asleep listening to music, but she never watches television or reads anything on her iPad. She always makes sure her alarm is set.

### CHOOSE THE BEST ANSWERS ACCORDING TO STORY.

1. What time does she finish praying and meditating?
  - a. 5:30
  - b. 5:00
  - c. 5:25
2. How long does she get dressed?
  - a. 5 minutes
  - b. 30 minutes
  - c. 1 hour
3. What does Karol do in the afternoon?
  - a. She goes to the lake
  - b. She reads and makes lesson plans
  - c. She take a map.
4. What is the last thing she does before going to sleep?
  - a. She reads love story
  - b. She listens to music
  - c. She writes stories.

**TRUE OR FALSE**

A. Karol sometime eats fruits salad.

B. Taking a nap is the most important for her.

C. She never watches TV

**MATCHING QUESTIONS**

A) Karol always goes home at

5 hours

B) She practices every evening

2:00pm

C) Karol teaches for

Chinese