

https://www.youtube.com/watch?v=LGchWugt5Uc&ab_channel=ELLE

Sabrina Carpenter's Morning Routine

1. How does Sabrina usually wake up in the morning?

- A) She sets an alarm
- B) She wakes up naturally with sunlight
- C) Her sister wakes her up

2. What does Sabrina use in the morning to feel more energetic?

- A) Coffee
- B) Essential oils in a diffuser
- C) Music

3. What does she like to say in the morning?

- A) Affirmations and things she is grateful for
- B) Her favorite songs
- C) Her shopping list

4. What drink does she usually prepare in the morning?

- A) Coffee
- B) Hot chocolate
- C) Green tea

5. Where does Sabrina like to sit after making tea?

- A) On her fire escape
- B) In the kitchen
- C) In the park

6. What does she sometimes do on her fire escape?

- A) Sing karaoke
- B) Play guitar, read, or journal
- C) Cook breakfast

7. What does she say about watching dogs in New York?

- A) She doesn't like it
- B) It's the best part of living there
- C) It makes her scared

8. What is one of her favorite parts of the day?

- A) Skincare routine
- B) Cleaning the apartment
- C) Cooking dinner

9. What does she always apply in the morning to protect her skin?

- A) Perfume
- B) Sunscreen
- C) Powder

10. What is the last thing she does before leaving the house?

- A) Eat breakfast
- B) Choose an outfit and get dressed
- C) Call her friends