1. If you have a headache or a fever, stop listening to loud music or watching TV. Go to bed and rest. ✓
2. If you have a headache, do some physical exercise. _____
3. When your teeth hurt, don't drink too hot or cold water. It should be warm. _____
4. When your teeth hurt, don't drink anything. Eat fruit and vegetables. _____
5. If you have a backache, don't have a rest. _____
6. If you have a backache, have a rest for 2-3 days. Then start doing some exercise or just walking more. _____
7. When you have a stomachache, it's better to visit the doctor as soon as possible. _____
8. When you have a stomachache, drink cold water and eat chips. _____
9. If you have a bruise and it doesn't hurt, put ice on it. _____
10. If you have a bruise but it doesn't hurt, then don't do anything. In case it hurts, put a wet towel on it and wait for 10-15 minutes. _____
11. If there are people who have an allergy to something, I recommend you to take medicine first of all. Be careful with animals, food, drinks or materials that you are allergic to. _____

LIVEWORKSHEETS