

Part 2

Questions 9 to 18 are based on the following passage.

Read the passage carefully and choose the best answer A, B, C or D to fill in each blank. For each question, mark your answer on the answer sheet.

Good nutrition is the basis (0) _____ healthy growth. When raising children, parents need to understand that a balanced diet is important to (9) _____ that they develop to their fullest potential.

The prevalence of stunting in children is primarily due to malnourishment – a (10) _____ of balanced nutrition in their everyday diet, says Professor Dr Norimah Karim of the Department of Nutrition and Dietetics at International Medical University.

Speaking during a talk entitled ‘Debunking Growth Myths Among Children’ organised by Nestle (11) _____ conjunction with the launch of Nestle Lactogrow Aktif, Norimah explained that amongst various nutrients, (12) _____ calcium intake is one of the major issues faced by Malaysian children, and this plays an important role in determining their overall growth.

Nestlé (Malaysia) Berhad chief executive officer, Juan Aranols, said that to help children reach their full potential, “We must (13) _____ the issue of stunting, especially since one out of five children are not getting enough nutrition to ensure their full physical and intellectual development.”

“We want to share the importance of nutrition and the (14) _____ of nutrients like calcium in children's development,” he said.

A healthy development during early childhood (15) _____ to better physical health and positive wellbeing for the next few years of a child's life and beyond. Nestle hopes to continue (16) _____ parents to learn more about the importance of nutrition, especially calcium, to support their child's growth.

The abundance of information available today might make parents feel overwhelmed about the right way to help their children grow.

(17) _____, there are also many myths on increasing a child's height commonly shared amongst Malaysian parents, such as playing basketball and hanging from monkey bars, which makes the challenge even (18) _____ to ensure children are on track to achieve growth milestones for their age.

(<https://www.nst.com.my/lifestyle/health/2021/02/665382/growing-right>)

- 0 A of
 B for
 C with
 D about

- 9 A enlist
 B guard
 C shelter
 D ensure

- 10 A lack
 B want
 C need
 D shortage

- 11 A in
 B on
 C over
 D beyond

- 12 A needful
 B lowered
 C insufficient
 D overwhelming

- 13 A approach
 B ascertain
 C address
 D qualify

- 14 A role
B capacity
C rationale
D character

- 15 A aids
B equates
C supports
D qualifies

- 16 A helping
B avoiding
C supporting
D strengthening

- 17 A However
B In spite of
C Even though
D Additionally

- 18 A easier
B greater
C stricter
D heavier