

Task 6. Read the texts below. For questions (28-32) choose the correct answer (A, B, C or D).

The happiest day of the year

Cliff Arnall, a University of Cardiff psychologist specialising (28)_____ seasonal disorders, has created a formula for finding happiness. The research looks at everything from increased outdoor activity and rising energy levels, to picnics and beach trips with families.

Mr Arnall's happiness formula depends on six factors: outdoor activity, nature, social interaction, positive memories of childhood summers, temperature, and holidays and anticipation of time off. 'At the end of June, the days are at their longest (29)_____ means there are more hours of sunshine to enjoy. It's when people tend (30)_____ lots of gatherings with friends and family,' Mr Arnall said. 'Happiness is associated with many things in life and can be triggered by a variety of events. (31)_____ it's a sunny day or a childhood memory that triggers a feeling of happiness, I think this formula proves that the path to finding happiness is very (32)_____ simpler than people imagine.'

28	A in	B at	C of	D about
29	A time	B when	C which	D duration
30	A to having	B have	C having	D to have
31	A However	B Whether	C Weather	D Despite
32	A more	B very	C much	D much more