

UNIT 5: STUDENT LIFE

1. Do you prefer to study at school or college, in a library, or at home?

change of pace helps me focus set everything up

I usually prefer studying at home. I can (1) _____ the way I like, which (2) _____. However, occasionally, I go to the library for a (3) _____ and a bit more structure.

distractions from right mindset set up That said

Well, personally, I feel most comfortable studying at home. It's my own space, and I can (1) _____ everything the way I like. I don't have to **worry about** (2) _____ **other students** or finding a quiet corner like in a library. (3) _____, sometimes being at school helps me **stay in the** (4) _____ because everyone around me is working hard too.

being sidetracked both worlds extra nudge faff about
head down on track midnight oil partial to

I'm really (1) _____ studying in a library, as it's the best of (2) _____: quiet enough to let me knuckle down, but close to all the resources I might need. At home, it's all too easy to (3) _____ instead of **getting stuck in**, and at school or college there's often too much chatter going on. In the library, I can **keep my** (4) _____ and **crack on** without (5) _____. Plus, being surrounded by other people who are clearly **burning the** (6) _____ gives me that (7) _____ to **stay** (8) _____.

2. Do you study best early in the morning, during the day, or at night?

night owl settled down without distractions work best

I'm definitely a (1) _____. The quiet at night helps me concentrate (2) _____. My brain seems to (3) _____ when everything else has (4) _____.

all-nighter into gear late-night winding down

I'm definitely a **night owl**, so I do my best work at night. The house is usually quiet, and I feel like **getting my brain** (1) _____ when everyone else is (2) _____. Of course, **pulling an** (3) _____ isn't ideal, but sometimes I find that (4) _____ sessions are the most productive for me.

change of pace
lost cause

comes to
my brain

completely shattered
pull an all-nighter

knuckle down
spring into

I'm very much a night owl, so my brain seems to (1) _____ life once the sun goes down. Early mornings are a (2) _____ for me — it takes a strong cup of tea just to get (3) _____ into gear — whereas at night I can really (4) _____ and focus. I often have late-night sessions, and if push (5) _____ shove before an exam, I might even (6) _____. The quiet of the evening is a welcome (7) _____ from the daytime hustle, and it helps me stay in the right mindset. Of course, I make sure to wind down afterwards so I'm not (8) _____ the next day.

3. Do you prefer to work with friends, with background music, or in silence?

ends up

light tasks

tough subjects

works best

Silence (1) _____ for me, especially for (2) _____. Background music is okay for (3) _____, but studying with friends usually (4) _____ being more fun than productive.

complete silence

depends on

stay focused

tends to

turns into

It really (1) _____ the task. If I'm doing something that requires a lot of concentration, I prefer (2) _____ — otherwise, my mind (3) _____ wander. But for lighter work, a bit of soft background music can actually help me (4) _____. As for working with friends, it can be fun, but it often (5) _____ more chatting than studying.

change of pace
my brain

faffing about
my head

getting stuck in
steady progress

knuckle down
working in silence

I definitely prefer (1) _____, because if I'm with friends, my mind tends to wander and I end up (2) _____ instead of (3) _____. Background music can be nice for a (4) _____, but more often than not it distracts me, especially if it's got lyrics. In silence, I can really (5) _____, keep (6) _____ in the game, and get (7) _____ into gear. That way, I make (8) _____ without having to pull an all-nighter at the last minute.