

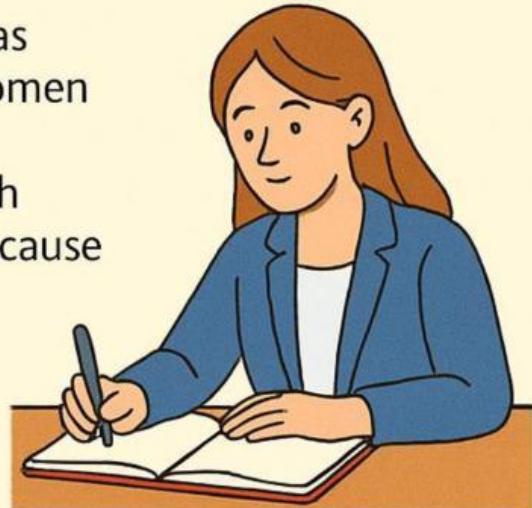


# Women in Social Work in the United Kingdom

In the United Kingdom, women make up the majority of the social work workforce. From child protection to mental health, community development, and support for vulnerable adults, female social workers are at the forefront of essential public

Historically, social work has been seen as “caring profession”, often attracting women due to traditional gender roles. Today, however, many women choose this path not only out of compassion but also because they believe in social justice, equality, and systemic change.

Despite their crucial role, female social workers often face heavy caseloads, emotional stress, and the challenge of maintaining a work-life balance. Many work in difficult environments such as deprived neighbourhoods, hospitals, care homes, and refugee centres.



In recent years, there has been growing recognition of the need to support the wellbeing of social workers, particularly women, who may juggle professional demands with family responsibilities.

The contribution of women in British social work

continues to shape the future of the profession, making it more inclusive, responsive, and community-centred.



## EXERCISE 1: MULTIPLE CHOICE- CHOOSE THE CORRECT ANSWER (a, b or c)

What is the main topic of the text?

- a) Women in politics
- b) Women in social work in the UK
- c) Gender roles in the family



Why do many women choose social work today?

- a) Because of family pressure
- b) Because of high salaries
- c) Because they believe in social justice



Where do many female social workers work?

- a) In shopping centres
- b) In refugee centres and hospitals
- c) In offices



## Exercise 3

Choose the correct word to complete the sentence

Social workers support \_\_\_\_ adults.

- a) active
- b) vulnerable
- c) rich

Female social workers often have a heavy \_\_\_\_.

- a) bag
- b) car
- c) caseload

The profession is becoming more \_\_\_\_.

- a) inclusive
- b) expensive
- c) competitive

Social workers can help people in \_\_\_\_ neighbourhoods.

- a) new
- b) deprived
- c) clean



## EXERCISE 2: TRUE OR FALSE

WRITE T(true) or F(false)

- a) Most social workers in the UK are men.



F

- b) Social work includes helping vulnerable adults.



T

- c) Women in social work have an easy work-life balance



- d) Social workers never work in mental health services



- d) Social workers never work in mental health services

## Exercise 1 –

Match the words



English	Español
1. work	a. ayudar
2. support	b. prevenir
3. help	c. familias
4. children	d. trabajo
5. families	e. niños
6. prevent	f. apoyar

## Exercise 2 – Complete the sentences: drag and drop.

Use the words:

women      guide  
elderly      protect  
men      children



1. Social workers help \_\_\_\_\_ and \_\_\_\_\_.
2. They support \_\_\_\_\_ and teenagers.
3. They \_\_\_\_\_ the rights of people.
4. They \_\_\_\_\_ the elderly.

## Exercise 3 – True or False: choose the correct option



1. Social workers help people.  True  False
2. They work in restaurants.  True  False
3. Social workers support families.  True  False
4. They protect animals in the zoo.  True  False
5. They work with children and adults.  True  False
6. They provide help in schools and hospitals.  True  False
7. Social workers help women and men.  True  False