

## Daily Routines

1. Listen to the video (<https://youtu.be/mPZSojIMZn4>) and complete the sentences with the **frequency adverbs** from the word bank

|                     |               |                  |                  |               |
|---------------------|---------------|------------------|------------------|---------------|
| <b>sometimes</b>    | <b>never</b>  | <b>usually</b>   | <b>sometimes</b> | <b>always</b> |
| <b>occasionally</b> | <b>always</b> | <b>sometimes</b> | <b>rarely</b>    |               |

1. Sophie \_\_\_\_\_ wakes up around 7 am.
2. She \_\_\_\_\_ gets up too late.
3. Finn \_\_\_\_\_ gets the tube (subway).
4. He pretty much \_\_\_\_\_ has lunch at one or two everyday.
5. Some days Sophie can escape a little bit earlier. That happens \_\_\_\_\_.
6. Finn promises he will \_\_\_\_\_ tell de boss.
7. Finn \_\_\_\_\_ cooks. He \_\_\_\_\_ eats in a restaurant and \_\_\_\_\_ eats with friends.

2. Complete the scale with the adverbs you used above:

|               |            |              |            |            |            |              |
|---------------|------------|--------------|------------|------------|------------|--------------|
| <b>always</b> |            | <b>often</b> |            |            |            | <b>never</b> |
| <b>100%</b>   | <b>80%</b> | <b>60%</b>   | <b>50%</b> | <b>30%</b> | <b>20%</b> | <b>0%</b>    |

Another way to say rarely is *seldom*.