Name _____ Hygiene

Hygiene and Good Health Habits

DIRECTIONS: Sort the words or phrases into the correct boxes.

regular bedtime	go to dentist	drink water	take bath or shower	wash hands
brush teeth	avoid soda	eat vegetables	use soap and shampoo	tooth decay
illness	wash hair	use deodorant	bad breath	body odor

PERSONAL HYGIENE

GOOD HEALTH HABITS

CONSEQENCES OF POOR HYGIENE AND POOR HEALTH HABITS

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