

# 15 Good Habits



Good habits keep us healthy.

See the pictures and fill in the blanks:



1. We should get up  
e \_ r \_ \_ in  
the morning.



2. We should trim  
our n \_ i \_ s  
regularly.



3. We should  
b \_ u \_ \_ our  
teeth daily.



4. We should take  
b \_ t \_ \_ daily.



5. We should  
comb our  
h \_ i \_ \_ daily.



6. We should eat  
good f \_ o \_ \_  
daily.



7. We should  
w \_ s \_ \_ our  
hands before  
every meal.



8. We should  
play in  
o \_ e \_ \_ daily.

Help Box

food  
open  
wash  
bath  
brush  
hair  
early  
nails