

# Age/Different stages in life



1.12

## 1. Are you happy with the age you are now?

→ Yes, I'm enjoying the best time of my life, at the age of twenty four. I have everything I need: **a well-paid job<sup>(1)</sup>**, a boyfriend and a house to return. It can be considered as **a sense of satisfaction<sup>(2)</sup>**.

<sup>(1)</sup>**A well-paid job** /'wel'peɪd dʒob/: một công việc lương cao

Ví dụ: *At last he had found a well-paid job that interested him.*

<sup>(2)</sup>**A sense of satisfaction**: cảm giác hài lòng

Sense /sens/: Cảm giác

Satisfaction /sætɪs'fæk.ʃn/: hài lòng

Ví dụ: *I did not feel any sense of satisfaction at all.*

## 2. What is the most important thing you've done in your life so far?

→ Up until now, the most crucial thing is that I have got a **decent job<sup>(3)</sup>** to earn money and **relieve the financial burden<sup>(4)</sup>** on my family. I could also buy my dad a new tie and buy my mom a new dress with the amount of money I earn by myself.

<sup>(3)</sup>**A decent job** /'di:zənt dʒob/: Một công việc tốt, ổn định

Ví dụ: *He got a decent job doing construction*

<sup>(4)</sup>**To relieve the financial burden**: giảm bớt gánh nặng tài chính

**Relieve** /rɪ'lɪv/: Dịu đi, giảm bớt đĩ

**Burden** /'bɜ:dn̩/: gánh nặng

**Financial** /fæ'nænʃl/: tài chính

Ví dụ: *The New Zealander believes that central contracts for the top players could help relieve the financial burden.*

## 3. What do you hope you'll be doing in five years time?

→ I haven't had any clear plan yet but I think at this time 5 years later, I will be studying overseas for a **master's degree<sup>(5)</sup>**. You know, **pursuing further education<sup>(6)</sup>** is always my dream.

<sup>(5)</sup>**Master's degree**: bằng thạc sĩ

**Degree** /dɪ'grɪ/: trình độ, bằng cấp

Ví dụ: *He received a master's degree at Villanova.*

<sup>(6)</sup>**To pursue further education**: theo đuổi nền giáo dục cao hơn

**Pursue** /pə'sju:/ : theo đuổi

**Further** /'fɜ:ðər/: Xa hơn

**Education** /'edʒu'keɪʃn/: Giáo dục

Ví dụ: *If they don't pursue further education by age 24, statistically it is not going to happen.*

# Discussion

1.13

## 1. What kinds of things do you enjoy discussing with your friends?

→ Well, all sorts of things from films, idols, shopping to food can be a topic of our talk. We also like to **catch up on**<sup>(1)</sup> what each of us has been up to recently. Well, I don't really know whether it's a **stereotype**<sup>(2)</sup> but women tend to have many more things to discuss than men, right?

<sup>(1)</sup>**To catch up on** /kætʃ ʌp ɒn/: bắt kịp, theo kịp  
Ví dụ: *we catch up on the work.*

<sup>(2)</sup>**A stereotype** /'ster.i.a.tɪp/: một điều định kiến  
Ví dụ: *The characters in the book are just stereotypes*

## 2. In a discussion, do you prefer to talk more or listen more?

→ Well, I would say I'm more into listening. Honestly, I'm not a talkative person but when needed, I'm ready to raise my voice and share my opinions.

## 3. Do you often change your opinion during a discussion?

→ In case I find that my point's no longer appropriate, I will **adapt**<sup>(3)</sup> to make my idea better. Being **determined**<sup>(4)</sup> and sticking with an opinion is good but not all the time. Sometimes, change is for the better.

<sup>(3)</sup>**To adapt** /ə'dæpt/: thay đổi  
Ví dụ: *The play had been adapted for children.*

<sup>(4)</sup>**To be determined** /dɪ'tɜː.mɪnd/ : kiên định  
Ví dụ: *She will get the job she wants - she's a very determined person.*



1.14

## 1. Do you recycle now? Why?

→ Yes, I do recycle but not too often. Instead, I reuse things like glass jars and bottles, paper bags or plastic bags to reduce the amount of waste thrown out. If I have no idea about how to reuse it, I will **sort things out**<sup>(1)</sup> and send them to the recycling centre.

## 2. Did you recycle when you were a kid?

→ No, I'm afraid. Recycling wasn't common at that time, especially in the place where I lived which was a rural area. That's why **my memory went blank**<sup>(2)</sup> for a second after hearing your question.

## 3. Will you recycle in the future?

→ Of course yes. Recycling is **environmentally friendly**<sup>(3)</sup>. As I said, it helps to limit the amount of harmful **pollutants**<sup>(4)</sup> that need to be **disposed of**<sup>(5)</sup>. Besides, I will also encourage my friends and family to recycle and reuse so as to keep our environment clean.

## 4. What kind of things do you recycle?

→ Things made from **non-biodegradable**<sup>(6)</sup> materials like plastic, glass, metal, ... can be recycled.

<sup>(1)</sup>**To sort things out:** phân loại

**Sort** /sɔ:t/ : sắp xếp

*Ví dụ: He figured he'd burn through his \$15,000 savings and sort things out from there.*

<sup>(2)</sup>**My memory went blank:** trí nhớ đột nhiên trống rỗng

**Memory** /'mem.ər.i/: trí nhớ

**Blank**/blæŋk/: trống rỗng, khoảng trống

*Ví dụ: My memory went blank on my very first line.*

<sup>(3)</sup>**To be environmentally friendly:** thân thiện và không gây hại cho môi trường

**Friendly** /'frend.li/: thân thiện

**Environmentally** /ɪn.vər.'rən.mən.tal.i/(adv) : môi trường

*Ví dụ: There are a growing number of investors backing firms that are environmentally-friendly.*

<sup>(4)</sup>**Pollutants** /pə'lju:tənt/: chất gây ô nhiễm

*Ví dụ: Sulphur dioxide is one of several pollutants.*

<sup>(5)</sup>**To dispose of** /dɪ'spaʊz əv/ : vứt ra, thải ra

*Ví dụ: It took only five minutes for the world champion to dispose of his opponent.*

<sup>(6)</sup>**Non-biodegradable** /non.bai.əu.dī.grē.də.bəl/:

không có khả năng tự hủy sinh học

*Ví dụ: Globally, around six billion non-biodegradable cards are produced each year.*

## 1. What sports did you do when you were a kid?

→ Actually I didn't play any sports when I was a little girl. Instead, I just spent all my childhood playing traditional games such as hide and seek, bag jumping, ....

## 2. What's your favorite sport? Why?

→ Now, I'm still not a **sporty person**<sup>(1)</sup> so I don't **have a passion for**<sup>(2)</sup> any particular kinds of sport. But if I have to choose one, I would love to take up swimming. Well, I think it's kinda **exhilarating**<sup>(3)</sup> and good fun to relax during a **boiling hot weather**<sup>(4)</sup>.

<sup>(1)</sup> **A sporty** /'spɔːti/: một người yêu thích và giỏi thể thao

Ví dụ: Guy wasn't really the sporty type.

<sup>(2)</sup> **To have a passion for something**: có niềm đam mê, yêu thích về một cái gì đó

**Passion** /pæʃ.ən/: đam mê

Ví dụ: I have a passion for history.

<sup>(3)</sup> **To be exhilarating and good fun**: hưng khởi và vui vẻ

**Exhilarating** /ɪg'zɪl.ə.rɪ.tɪŋ/: Hưng khởi

Ví dụ: His work is exhilarating and good fun

<sup>(4)</sup> **A boiling hot weather**: thời tiết nóng bức (nóng như nước sôi)

**Boiling** /'boɪ.lɪŋ/: sôi

**Hot** /hot/: nóng

**Weather** /'weð.ər/: thời tiết

Ví dụ: We don't usually have such boiling hot weather.

## 3. Do you watch sports? Why?

→ No. Watching sports is **not my cup of tea**<sup>(5)</sup>. I find it so **tedious**<sup>(6)</sup>. In fact, I'm more into watching comedies or TV series which make me laugh **hysterically**<sup>(7)</sup> to relieve my stress.

<sup>(5)</sup> **My cup of tea (idiom)**: sở thích của tôi

Ví dụ: Opera is not my cup of tea.

<sup>(6)</sup> **To be tedious** /ti..di..as/: buồn chán

Ví dụ: The problem is I find most forms of exercise so tedious.

<sup>(7)</sup> **Laugh hysterically**: cười một cách điên cuồng

**Hysterically** /hɪ'ster.i.kal.i/: điên cuồng, cuồng loạn

**Laugh** /la:f/: Cười

Ví dụ: She started laughing hysterically.

## 4. Are you a fan of any sport teams? Why?

→ Honestly, I don't have my favorite team because like I said, I'm not **fond of**<sup>(8)</sup> watching these matches. **Having said that**<sup>(9)</sup>, I do admire the Vietnamese national football team. You know, all players are skillful despite their young age.

<sup>(8)</sup> **To be fond of**: thích

Ví dụ: She was very fond of horses

<sup>(9)</sup> **Having said that**: mặc dù vậy

Ví dụ: He forgets most things, but having said that, he always remembers my birthday