

Match the following C1 adjectives to their definitions:

1. alarmed
2. appalled
3. disgusted at / with
4. distressed
5. helpless
6. hysterical
7. irritated
8. overwhelmed
9. speechless
10. unsafe

- a. feeling sudden strong emotion
- b. worried or frightened by something
- c. unable to speak because you are so angry, shocked, or amazed
- d. not safe
- e. having strong feelings of shock or disapproval
- f. unable to do anything to help yourself or anyone else
- g. feeling extreme dislike or disapproval of something
- h. annoyed
- i. upset or worried
- j. unable to control your feelings or behaviour because you are extremely frightened, angry, excited, etc.