

1 Find the word having a different sound in the underlined part. Say them aloud.

- | | | | |
|------------------------|----------------------|----------------------|------------------------|
| 1. A. <u>h</u> ouse | B. <u>h</u> ealthy | C. <u>h</u> appiness | D. <u>h</u> onest |
| 2. A. <u>s</u> everal | B. <u>r</u> egularly | C. <u>i</u> ron | D. <u>e</u> nvironment |
| 3. A. <u>k</u> angaroo | B. <u>w</u> ord | C. <u>r</u> ange | D. <u>a</u> erobic |
| 4. A. <u>h</u> orror | B. <u>h</u> ologram | C. <u>h</u> onour | D. <u>h</u> oney |
| 5. A. <u>r</u> emind | B. <u>a</u> gree | C. <u>f</u> orum | D. <u>t</u> urn |

2 Write the words under the pictures, starting with the given letters. Then read the words aloud, paying attention to /h/ and /r/ sounds.



1. b _____



2. l _____



3. o _____



4. s _____



5. h _____



6. d _____

B Vocabulary & Grammar

1 Match the following words / phrases with their definitions.

1. well-balanced	a. the date by which something has to be done or paid
2. priority	b. something that prevents someone from giving their attention to something else
3. due date	c. expecting good things to happen or something to be successful
4. optimistic	d. so worried and tired that you cannot relax
5. distraction	e. made up of various things that form a satisfactory or healthy combination
6. stressed out	f. something that is the most important and must be dealt with before other things

2 Use the words / phrases in 1 to complete the following sentences.

1. I've got too much to do, and I'm completely _____.
2. You have to pay in full by the _____ every month if you don't want to pay interest.
3. This book has helped me in leading a more _____ life.
4. I can turn the television off if you find it a _____.
5. The hospital always gives _____ to emergency cases.
6. Mary is _____ about her chances of winning a gold medal.

3 Choose the correct option A, B, C, or D to complete each sentence.

1. The sports teachers are trying to help develop the _____ well-being of their students.
A. mental B. intellectual C. emotional D. physical
2. When working outside, the farmers should dress _____ for the weather.
A. acceptably B. correctly C. appropriately D. smartly
3. Children normally feel a lot of _____ about their first day at school.
A. anxiety B. calm C. hurry D. suffering
4. Before you ask him, wait until he's in a better _____.
A. emotion B. opinion C. feeling D. mood
5. It takes a lot of _____ effort to understand these ideas.
A. bodily B. mental C. physical D. emotional

4 Write the correct form of each verb in brackets to complete each sentence.

1. If she (want) _____ to follow the traditional recipe, she should not put curry powder in that dish.
2. If you (not be) _____ in a hurry, you may have a cup of tea now.
3. If you want to get there on time, you should (take) _____ a taxi.
4. If he (get) _____ proper medical care, he might recover from his operation.
5. If you (have) _____ a few hours to spare, you may visit the museum.

5 Underline the correct modal verbs to complete the following sentences.

1. If you arrive early, you (*can* / *might*) catch a ride to the game with me.
2. (*May* / *Must*) I take you out to dinner if I promise to have you home by 11 p.m.?
3. If you want to have a good heart, you (*should* / *may*) eat less salt.
4. She (*must* / *can*) be on time if she wants to come with us.
5. (*Can* / *May*) you look after the baby if we go to the cinema?

C Speaking

1 Choose the letter A, B, C, or D to indicate the most suitable response to complete each of the following exchanges.

1. A: Have you seen the new movie that has just come out?
B: Sorry, could you repeat the question? _____
A. I didn't catch what you said
B. I quite followed what you asked me
C. I didn't know for sure
D. I didn't think so
2. A: I need some assistance, please.
B: _____
A. Yes, please. I'd love to.
B. Sure. How can I help you?
C. Thanks. That would be great.
D. Don't worry. I'll do it myself.
3. Shop assistant: Can I help you?
Customer: _____
A. Yes, please, but I think I can manage it
B. No, thank you. I'm just looking
C. Yes, please. I'm just browsing
D. No, thanks. I'd like to buy some pork
4. A: Hi, can you tell me more about the benefits of exercise?
B: _____
A. Pardon my asking you.
B. Excuse me, could you let me through?
C. No problem. I couldn't agree more.
D. I beg your pardon?
5. A: First you should underline the keywords. Then locate them in the reading text.
B: _____
A. Yes, I don't know their meaning.
B. Can you do that again?
C. Can you say that again?
D. I don't know what to do.