ĐỀ MINH HỌA SỐ 1 / 24 (check-up)

1. I've started going to the gym regularly because I want to get in _____ before the summer.
2. She schedules her _____ in the morning to stay energized throughout the day.
3. I decided to sign _____ for a yoga class to reduce stress and improve flexibility.
4. To manage your time effectively, you should learn to _____ tasks based on their urgency and importance.
5. She created a detailed plan to _____ all the assignments before the deadline.
6. I turned off my phone to avoid any _____ while studying for the exam.
7. After working for three hours straight, I decided to _____ a break and go for a short walk.
8. I really love painting. I've decided to _____ painting as a hobby.
9. It took me a while to figure _____ how to use the new software, but now it feels easy.
10. She tries to _____ aside some time each evening to relax and read a book.
11. Planning your day in advance can help you stay focused and be more _____.
12. They decided to _____ the old library to create a more modern and comfortable study space.
13. _____ in public places harms the environment and sets a bad example for others.
14. Volunteering at the community center was a truly _____ experience.
15. Effective time management _____ can help students reduce stress and improve their academic performance.
16. Students are encouraged to engage _____ extracurricular activities to develop soft skills and build confidence.
17. To stay motivated and organized, it's important to set _____ and track your progress regularly.
18. Being _____ with your study routine can lead to better academic results over time.
19. He explored different internships to help him choose the right career _____ after graduation.
20. Time management is _____ for students who want to balance schoolwork and personal life effectively.
21. At the age of 22, she became a successful _____ by launching her own tech startup.
22. Experts have noted rising _____ about the effects of social media on mental health, particularly among young people.
23. Recent studies _____ that regular exercise can improve memory and concentration in students.
24. She has a _____ to talk a lot when she's excited.
25. Getting enough sleep and eating healthy food are important for your overall _____.
26. Using your phone too much can interfere _____ your ability to focus on schoolwork.
27. The teacher used a new _____ to make the lesson more engaging for students.
28. Despite facing many difficulties, she completed her studies through hard work and _____.

LIVEWORKSHEETS