



Enrichment

Complete the following sentences with 'should', 'should not', 'must' or 'must not'.

Do

1. You _____ read food labels during grocery shopping.
2. You _____ pick food with the lowest sugar content.
3. Due to your allergy, you _____ check food labels before buying the food.
4. You _____ buy healthier food.
5. The label on food packagings _____ list out all the nutrients contained in the food.

Don't

1. You _____ eat food with too much fats content.
2. You _____ decide to buy some food just because it tastes good.
3. You _____ throw away food packaging outside the dustbin.
4. Food with high cholesterol content _____ be taken too often.
5. You _____ take carbonated drinks every day, as they have a very high sugar level.