

**ADULTS PROGRAM – NB1 A – MIDTERM EXAM – UNIT 1 – BOOK: NAVIGATE B1**

**Speaking (20 pts)**

**A. Choose one of the three options and give a short presentation about your likes and dislikes. Use the Language for speaking box to help you.**

<ul style="list-style-type: none"> <li>• <b>Social:</b> <ul style="list-style-type: none"> <li>○ Exercise</li> <li>○ Relaxation</li> <li>○ Shopping</li> <li>○ Housework</li> <li>○ Time with other people</li> </ul> </li> <li>• <b>Academic:</b> <ul style="list-style-type: none"> <li>○ Exams</li> <li>○ Early morning lectures</li> <li>○ Sitting at a computer all day</li> <li>○ Working alone</li> <li>○ Working in a library</li> <li>○ Writing essays</li> <li>○ Food in the college cafeteria</li> </ul> </li> <li>• <b>Professional:</b> <ul style="list-style-type: none"> <li>○ Travelling abroad on business</li> <li>○ Early morning meetings</li> <li>○ Going to meetings</li> <li>○ Wearing a uniform</li> <li>○ Working in a team</li> <li>○ Sitting at a computer all day</li> <li>○ Working at home</li> </ul> </li> </ul>	<p align="center"><b>LANGUAGE FOR SPEAKING</b> talking about likes and dislikes</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 50%;"><i>I'm not keen on ...</i></td><td style="width: 50%;"><i>My favourite ... is ...</i></td></tr> <tr> <td><i>I really love ...</i></td><td><i>I'm really interested in ...</i></td></tr> <tr> <td><i>I'm really into ...</i></td><td><i>I don't mind ...</i></td></tr> <tr> <td><i>I prefer ...</i></td><td><i>I quite like ...</i></td></tr> <tr> <td colspan="2"><i>I can't stand ...</i></td></tr> </table> <p>We generally use a noun or a verb + <i>-ing</i> after the likes and dislikes phrases. <i>I like swimming in the sea.</i></p> <p><b>Sample Presentation</b></p> <p>Hello!</p> <p>I want to talk about what I like and don't like about professional life. I really like working in a team because I enjoy helping others and sharing ideas. I'm really interested in travelling abroad for business – it sounds exciting! But I don't like wearing a uniform, because I prefer to choose my own clothes. I can't stand early morning meetings – I'm always too sleepy! I don't mind working at home. It's quiet and comfortable. My favourite thing is going to meetings when they are short and useful.</p> <p>That's all. Thank you!</p>	<i>I'm not keen on ...</i>	<i>My favourite ... is ...</i>	<i>I really love ...</i>	<i>I'm really interested in ...</i>	<i>I'm really into ...</i>	<i>I don't mind ...</i>	<i>I prefer ...</i>	<i>I quite like ...</i>	<i>I can't stand ...</i>	
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<i>I prefer ...</i>	<i>I quite like ...</i>										
<i>I can't stand ...</i>											

**Listening (20 pts)**

**B. Listen to eight questions. For each questions, write down a one-word answer.**

1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_

5. \_\_\_\_\_  
6. \_\_\_\_\_  
7. \_\_\_\_\_  
8. \_\_\_\_\_

**Writing/Grammar (25 pts)**

**C. Complete the sentences with the correct form of a verb from A, and a noun/noun phrase from B.**

**A**

make	have	do	eat	go
stay				

**B**

housework	some exercise	a lie-in
homework	a to-do list	future plans
shopping		
healthy food		

1. My brother says he only \_\_\_\_\_, but it's not true – I saw him in the park with an ice cream!
2. I get up at 6.00 most days, so this Saturday I'm going to \_\_\_\_\_ and not get up till lunchtime.
3. I don't like \_\_\_\_\_, but I have to if I want a clean home.
4. There's no milk, no bread, no pasta – nothing. I need to \_\_\_\_\_.
5. I'm so busy this week, I don't know where to start! I'd better \_\_\_\_\_ so I remember everything!

**D. Match 1–5 to a–f to make complete sentences. There is one ending that you don't need.**

1. It's really sunny. Shall we go ____	a out for a meal later.
2. I enjoy playing ____	b chess, but I'm not very good at it.
3. I don't want to cook, so let's go ____	c yoga and I find it very enjoyable.
4. I've just started doing ____	d basketball, but I love watching it.
5. I don't play ____	e for a walk?
	f clubbing.

**E. Complete the second sentence so that it has a similar meaning to the first sentence.**

1. Sarah dreamt about flying last night.  
Sarah \_\_\_\_\_ about flying last night.
2. We're going to plan what to do on each day of our trip.  
We're going to \_\_\_\_\_ of what to do on each day of our trip.
3. I'll look at your new photos on Facebook later.  
I'll \_\_\_\_\_ at your new Facebook photos later.
4. I promised Nikos I would help him.  
I \_\_\_\_\_ to Nikos that I would help him.
5. Hahn is blogging about his round-the-world trip.  
Hahn \_\_\_\_\_ about his round-the-world trip

**F. Choose the correct answer from the words in *italics*.**

1. A *Why / Who / When* did you move here?  
B About a year ago.
2. A *How much / How often / How many* do you go out for a meal?  
B A few times a month.
3. A *Are / Do / Did* you use an online dictionary?  
B Oh, all the time!
4. A *What kind / How often / How much* of food can you cook?  
B Mainly dishes from my own country.
5. A *How often / How many / How much* do you have an early night?  
B Hardly ever!
6. A *What / When / Why* are you so tired today?  
B I went to bed late because I was finishing some work for university.
7. A *What / What time / Why* did you get up today?  
B Quite early. It was about seven.
8. A *What / When / Who* do you talk to if you have a problem?  
B My mum.
9. A *Where / Why / Who* did you work when you left university?  
B In a large computer software company in Mumbai, India.
10. A *Do / Did / Does* your flatmate make dinner last night?  
B Yes, and it was absolutely delicious!

**G. Complete the blog. Use one word in each space.**

1 \_\_\_\_\_ often do I go into the city centre? Well, I hardly 2 \_\_\_\_\_ do that nowadays. I don't enjoy going 3 \_\_\_\_\_ in the centre because the stores are always so busy. I 4 \_\_\_\_\_ stand crowds, and I can buy what I need online. I only go into the centre when I have a/an 5 \_\_\_\_\_ with my dentist.

**H. For each pair of sentences a and b, tick (✓) the sentence which does not contain a mistake.**

- 1 a We go camping sometimes in summer.  
b We sometimes go camping in summer.
- 2 a Karl usually plays golf with his brothers on Saturdays.  
b Karl plays usually golf with his brothers on Saturdays.
- 3 a At the weekends, I hardly ever think about work.  
b At the weekends, I think about work hardly ever.
- 4 a I listen never to CDs anymore. All my music is on my phone.  
b I never listen to CDs anymore. All my music is on my phone.
- 5 a After a busy day at work, I often lie on the sofa watching TV.  
b After a busy day at work, I lie often on the sofa watching TV.
- 6 a Stefan every now and then drives to the office.  
b Every now and then Stefan drives to the office.
- 7 a I most days try to do some studying for my English course.  
b I try to do some studying for my English course most days.
- 8 a Maria occasionally visits her relatives in Athens.  
b Maria visits occasionally her relatives in Athens.
- 9 a Zsuzsanna is nearly always happy.  
b Zsuzsanna nearly always is happy.
- 10 a I rarely go clubbing these days because it's too expensive.  
b I go rarely clubbing these days because it's too expensive

**I. Look at the photos. What do they have in common? Choose TWO answers from the box**

summer holidays	types of weather	environmental issues	different seasons	things to do in winter
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They all show \_\_\_\_\_ and \_\_\_\_\_.



J. Write a post for a travel forum about the best time to visit your country or town. Choose two or three topics from the box to write about or use your own ideas. Use the phrases below and the Language for writing box to help you.

*The best/most popular time to ...  
... too expensive/hot/rainy/crowded  
The only problem is ...*

the weather crowds special festivals prices facilities

#### LANGUAGE FOR WRITING linking ideas with *and*, *but* and so

- We can join sentences using the linkers *and*, *but* or *so*.  
*The weather is good. There aren't too many people. →  
The weather is good and there aren't too many people.*
- In informal writing, e.g. web posts and informal emails, we often use these linkers at the beginning of the sentence.  
*... the sea is nice and calm. But there are a lot of tourists at this time.*

#### Reading (20 pts)

K. Read the newspaper headline. What is the article likely to be about? Choose a, b or c.

The Truth about Weather and Feelings

- a. how people's activities depend on the weather
- b. the connection between telling lies and the weather
- c. why people's moods change in some seasons

L. Read the article. Choose the correct heading 1–5 for each paragraph.

1. What the research tells us
2. Common signs of depression
3. Changes people can make to their homes
4. Different regions, different weather, same effect
5. The medical advice

**A** \_\_

In many Asian countries, the reduced amount of sunlight during the rainy season can make people feel depressed. People in Europe can also feel unhappy during the autumn and winter months because they don't see much sun. The difference between the two places is that the rainy season doesn't last as long as autumn and winter.

**B** \_\_

Scientists have tried to learn which people suffer most from depression related to the weather. After studying the problem, they found that it is more common for females to feel depressed than males.

**C** \_\_

Nobody knows why people become depressed because of the weather, but doctors know what problems they can sometimes have. People want to sleep more and generally feel that they have no energy. They also want to eat more and so can put on weight.

**D** \_\_

Doctors recommend that people eat a healthy, balanced diet and get plenty of exercise. Thinking positive thoughts also helps people to feel better about themselves. All of these things will be of great benefit to your body and mind.

**E** \_\_

Using bright colours also makes a difference. Colours such as red, orange and yellow make us feel more alive. This can help us feel more energetic and likely to do some physical activity. Blue, grey and black, however, make us feel heavier and slower. This is something people should think about when they are choosing colours for their walls.

**M. Read the article again. Decide if the sentences are true (T) or false (F). If there is no information about this, choose 'not given' (NG)**

1. Some people feel depressed in winter because they hate cold weather.  
T / F / NG
2. When people become depressed, they usually don't want to speak to other people.  
T / F / NG
3. The colours red and yellow make people feel more relaxed.  
T / F / NG