NAME: _____ Class: _____ Date: _____

Environmental protection: Sustainable measures

Reading Comprehension activities.

1. Read the text attentively

The Earth is getting more polluted day by day. Consequently, humans, animals and plants are getting sicker than ever before. Therefore, it is up to all of us to start saving the environment before it is too late.

One of the ways to save the environment is by using reusable bags. The plastic grocery bags may be convenient but when they get thrown out, they end up in landfills or the sea. When they end up in the sea, the sea creatures might think they are food and eat them. They then end up getting sick, suffering and dying, These plastic bags take a while to decompose, too. Another way to save the environment is by printing as little as possible. When you print a lot, you end up using a lot of paper. This means more trees have to be unnecessarily cut down. Printing on both sides of a sheet of paper instead of only on one side is a recommendable measure to reduce the amount of paper used. Moreover, you can also print on recycled paper.

Recycling is another way to cut down our carbon footprints. Nowadays, there are recycling centres in every town; therefore, it is very easy to take your recyclable waste there. Examples of recyclable waste are plastic bottles, papers, cardboards, metals, glass bottles and others. Furthermore, try using a reusable beverage container instead of buying packaged drinks. This will help you save the environment, and also help you save money.

Saving electricity can help us save the environment, too. Try using energy-efficient light bulbs instead of regular bulbs. They will last longer and help you to save some money. Also, make sure you turn off your lights and other appliances when you are not using them. It is also important to save water. When you are brushing your teeth, turn off the tap. You should also not turn on your shower until you are ready to get in. In addition, when washing dishes, make sure the tap is not running at full capacity.

It will not be easy to change your old habits. However, it will be good for your wallet and, more importantly, for the environment.

2. Complete the sentences with the correct word(s) from the text.

1. The Earth is getting more _____ day by day.
2. Plastic grocery bags often end up in _____ or the _____.
3. Sea creatures might think plastic bags are _____ and eat them.
4. Printing on both sides of a sheet of paper helps to reduce the amount of _____ used.

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5. Examples of recyclable waste include plastic bottles, _____, cardboards, _____, and glass bottles.
6. Using a _____ beverage container can help save the environment and save money.
7. Energy-efficient _____ bulbs last longer and help you save money.
8. When brushing your teeth, you should turn off the _____.
9. Changing your old _____ will be good for your wallet and the environment.

3. Decide if each statement is true (T) or false (F) according to the text.

1. The text says that only animals get sick because of pollution. ____
2. Plastic bags can take a long time to decompose. ____
3. Printing as much as possible is good for the environment. ____
4. Recycling centres are not available in many towns. ____
5. Using a reusable beverage container can help you save money. ____
6. Energy-efficient light bulbs use more energy than regular bulbs. ____
7. You should always make sure to turn off lights and appliances when not in use. ____
8. It is a good idea to let the tap run while brushing your teeth. ____
9. The text suggests that changing habits can help both your finances and the environment. ____

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