READING

All You Can Eat and World Cuisine



Many people enjoy going to *all you can eat* restaurants. These places allow customers to eat as much food as they want for a fixed price. It's a great way to try different dishes, especially if you like variety or want to explore new flavors.

In the United States, *all you can eat* buffets often include foods like fried chicken, macaroni and cheese, salads, pizza, and a dessert bar with cakes and ice cream. In Brazil, a popular style of restaurant is the *churrascaria*, where waiters serve many types of grilled meat at your table. This is known as *rodízio*, and it's a delicious and fun experience.





In Asia, there are *all you can eat* sushi restaurants where you can try different rolls, sashimi, tempura, and miso soup. In South Korea, many people enjoy *Korean BBQ*, where you grill meat at your table and eat it with rice, vegetables, and sauces.

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Different countries have different food traditions. For example:

- In **Italy**, people love pasta dishes like spaghetti, lasagna, and risotto.
- In **India**, meals often include spicy curries, rice, naan bread, and lentils.
- In **Mexico**, common foods are tacos, enchiladas, rice, and guacamole.
- In **China**, you might eat dumplings, fried rice, noodles, and sweet and sour chicken.
- In **Thailand**, dishes like pad thai, green curry, and mango sticky rice are very popular.

Trying food from around the world is a great way to learn about different cultures. *All you can eat* restaurants give you the chance to explore many types of cuisine in one place, making the experience both tasty and educational.

1) Watch the following videos. Then drag the foods to the pictures and write the country they are from. Write **'U'** for *uncountable nouns* and **'C'** *for countable nouns.*

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Italy **India** **Mexico** **China** **Thailand**

2) Complete the sentences with **there is** ou **there are**.

A. In a typical Brazilian *churrascaria*, _____ a variety of grilled meats served at the table.

B. In this buffet, _____ pizza, pasta, and rice, but no soup today.

C. In Japanese cuisine, _____ usually fresh fish, rice, and vegetables.

D. On the dessert table, _____ chocolate cake, fruit, and small bowls of ice cream.

E. At most *all you can eat* restaurants, _____ options for both vegetarians and meat lovers.

F. In Indian meals, _____ a lot of spicy curry and steamed rice.

G. In the sushi bar, _____ different types of rolls, but only one kind of sashimi.

H. In Italy, _____ delicious pasta dishes, but not every region serves the same ingredients.

I. In the drinks section, _____ only water and soft drinks — no wine or coffee.

J. On the table, _____ some extra napkins and two small bowls of sauce.

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