

READING

All You Can Eat and World Cuisine



Many people enjoy going to *all you can eat* restaurants. These places allow customers to eat as much food as they want for a fixed price. It's a great way to try different dishes, especially if you like variety or want to explore new flavors.

In the United States, *all you can eat* buffets often include foods like fried chicken, macaroni and cheese, salads, pizza, and a dessert bar with cakes and ice cream. In Brazil, a popular style of restaurant is the *churrascaria*, where waiters serve many types of grilled meat at your table. This is known as *rodízio*, and it's a delicious and fun experience.



In Asia, there are *all you can eat* sushi restaurants where you can try different rolls, sashimi, tempura, and miso soup. In South Korea, many people enjoy *Korean BBQ*, where you grill meat at your table and eat it with rice, vegetables, and sauces.

Different countries have different food traditions. For example:

- In **Italy**, people love pasta dishes like spaghetti, lasagna, and risotto.
- In **India**, meals often include spicy curries, rice, naan bread, and lentils.
- In **Mexico**, common foods are tacos, enchiladas, rice, and guacamole.
- In **China**, you might eat dumplings, fried rice, noodles, and sweet and sour chicken.
- In **Thailand**, dishes like pad thai, green curry, and mango sticky rice are very popular.

Trying food from around the world is a great way to learn about different cultures. *All you can eat* restaurants give you the chance to explore many types of cuisine in one place, making the experience both tasty and educational.

- 1) Watch the following videos. Then drag the foods to the pictures and write the country they are from. Write '**U**' for uncountable nouns and '**C**' for countable nouns.



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Italy

India

Mexico

China

Thailand

2) Complete the sentences with **there is** ou **there are**.

A. In a typical Brazilian *churrascaria*, _____ a variety of grilled meats served at the table.

B. In this buffet, _____ pizza, pasta, and rice, but no soup today.

C. In Japanese cuisine, _____ usually fresh fish, rice, and vegetables.

D. On the dessert table, _____ chocolate cake, fruit, and small bowls of ice cream.

E. At most *all you can eat* restaurants, _____ options for both vegetarians and meat lovers.

F. In Indian meals, _____ a lot of spicy curry and steamed rice.

G. In the sushi bar, _____ different types of rolls, but only one kind of sashimi.

H. In Italy, _____ delicious pasta dishes, but not every region serves the same ingredients.

I. In the drinks section, _____ only water and soft drinks — no wine or coffee.

J. On the table, _____ some extra napkins and two small bowls of sauce.