

## ACTIVITY FOR VISUAL LEARNER

# WAYS YOU CAN HELP CLIMATE CHANGE

It may seem like climate change is too big an issue for the actions of one person to make a difference. But there are small things you can do everyday that can make a big impact over time. Check out these simple tips!



### REDUCE

Buy products that do not create excess waste



### REUSE

Use reusable shopping bags instead of plastic



### RECYCLE

91% of plastic isn't recycled. Help fix this & repurpose

### EAT FOR THE CLIMATE

Eat less MEAT & DAIRY products



Grow your own FOOD



### COMMUTE GREENER

Transportation accounts for 29% of climate-polluting emissions. Go green and...

- Take public transit
- Car-share
- Switch to an electric or hybrid vehicle
- Fly less
- Ride a bike



### VOTE

Hold politicians accountable and elect candidates who will fight to protect our planet



### GREEN YOUR HOME

Wash clothes in cold water



Unplug computers, TVs and electronics when you're not using them



use ENERGY-EFFICIENT light bulbs

1. What does the poster suggest you do to reduce plastic waste?

- A. Use paper bags
- B. Use reusable shopping bags
- C. Avoid shopping
- D. Always recycle plastic bottles
- E. Buy more plastic products

2. How much plastic isn't recycled according to the poster?

- A. 10%
- B. 50%
- C. 70%
- D. 91%
- E. 99%

3. What is one way to eat for the climate mentioned in the poster?

- A. Eat fast food often
- B. Avoid fruits and vegetables
- C. Eat more meat and dairy
- D. Eat imported products
- E. Grow your own food

4. What kind of food should we choose according to the poster?

- A. Processed food
- B. Frozen food
- C. Local and organic food
- D. Imported canned food

E. Fast food

5. What percentage of climate-polluting emissions comes from transportation?

A. 10%

B. 21%

C. 29%

D. 35%

E. 50%

6. Which of the following is NOT a suggested way to commute greener?

A. Take public transit

B. Ride a bike

C. Fly often

D. Car-share

E. Switch to an electric vehicle

7. What does the poster recommend about washing clothes?

A. Wash only by hand

B. Use hot water

C. Wash in cold water

D. Use more detergent

E. Wash less frequently

8. Why should we unplug electronics when not in use?

A. To clean them easily

B. To avoid software issues

C. To save electricity

D. To make them last longer

E. To update their system

9. What kind of light bulbs should we use at home to be more energy efficient?

A. Regular bulbs

B. Halogen bulbs

C. Incandescent bulbs

D. Energy-efficient bulbs

E. Yellow bulbs

10. What is the suggested action in the poster regarding voting?

A. Avoid voting to save time

B. Elect candidates who support climate action

C. Vote for the most popular person

D. Ignore political issues

E. Choose based on party only

