-Ed and -Ing Adjectives Exercise 1

Choose the correct adjective.

1. My nephew was (amusing / amused) by the clown.
2. It's so (frustrating / frustrated)! No matter how much I study I can't seem to remember this vocabulary.
3. This lesson is so (boring / bored)!
4. I'm feeling (depressing / depressed), so I'm going to go home, eat some chocolate, and go to bed early with a good book.
5. I thought her new idea was absolutely (fascinating / fascinated).
6. This maths problem is so (confusing / confused). Can you help me?
7. The teacher was really (amusing / amused) so the lesson passed quickly.
8. The journey was (exhausting / exhausted) – twelve hours by bus!
9. The plane began to move in a rather (alarming / alarmed) way.
10. He was (frightening / frightened) when he saw the spider.
11. I was really (embarrassing / embarrassed) when I fell over in the street.
12. That film was so (depressing / depressed)! There was no happy ending for any of the characters.
13. I'm sorry, I can't come tonight. I'm completely (exhausting / exhausted).
14. We are going in a helicopter? How (exciting / excited)!
15. Don't show my baby photos to people, Mum! It's so (embarrassing / embarrassed)!
16. It's okay, it's only me. Don't be (alarming / alarmed).
17. My sister is so (exciting / excited) because she is going on holiday tomorrow.
18. I hate long flights. I'm always really (boring / bored).
19. She looked very (confusing / confused) when I told her we had to change the plan.
20. John was (fascinating / fascinated) by Mandarin when he first started learning languages. He decided to study more and now he can speak it fluently.

LIVEWORKSHEETS