

# Phiếu học tập môn Tiếng Anh lớp 11

## - Bài 1: Eat, Drink and Be Healthy

Full name: .....

Class: .....

**Vocabulary:** bland, lean, raw, ripe, bitter, detox, stale, rotten, sour, cooked, sweet, hot, spicy, mild, unripe, fatty

**Exercise 1: Drag and drop the vocabulary words below into the appropriate groups.**

| Hương vị (Taste) | Trạng thái (State) |
|------------------|--------------------|
|                  |                    |
|                  |                    |
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|                  |                    |
|                  |                    |
|                  |                    |
|                  |                    |

### Words

bland - lean - raw - ripe - bitter - detox - stale - rotten - sour - cooked - sweet - hot - spicy  
- mild - unripe - fatty

**Exercise 2: Fill in the blanks with the appropriate words.**

1. This chicken is very \_\_\_\_\_. It doesn't have much flavor.
2. I prefer \_\_\_\_\_ meat because it has less fat.
3. Be careful! These peppers are very \_\_\_\_\_.
4. This fruit isn't \_\_\_\_\_ yet. It's still quite hard.
5. The milk smells \_\_\_\_\_. I think it has gone bad.
6. After the holidays, many people try to \_\_\_\_\_ their bodies from toxins.
7. This bread is \_\_\_\_\_. We need to buy a new loaf.
8. Don't eat that apple! It's \_\_\_\_\_.
9. Lemons have a \_\_\_\_\_ taste.
10. I like my vegetables \_\_\_\_\_.
11. This cake is so \_\_\_\_\_. It's delicious!
12. The soup is still very \_\_\_\_\_. Let it cool down a bit.
13. I don't like food that is too \_\_\_\_\_. Just a little chili is okay.
14. This curry is quite \_\_\_\_\_. It's perfect for people who don't like strong spices.



15. This banana is \_\_\_\_\_. It's ready to eat.

16. You should avoid eating too much \_\_\_\_\_ food.

**Exercise 3: Choose the best answer.**

1. The opposite of "sweet" is \_\_\_\_\_.  
a) sour b) spicy c) bland d) ripe
  2. Food that is not cooked is \_\_\_\_\_.  
a) rotten b) raw c) stale d) lean
  3. If food has a strong, burning taste, it is \_\_\_\_\_.  
a) mild b) hot c) unripe d) cooked
  4. When your body gets rid of harmful substances, it is called \_\_\_\_\_.  
a) fatty b) detox c) bitter d) sweet
  5. Meat with a lot of fat is \_\_\_\_\_.  
a) lean b) bland c) fatty d) sour
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**Exercise 4: Match the words in column A with their appropriate meanings in column B.**

| Cột A (Word) | Cột B (Meaning)                                             |
|--------------|-------------------------------------------------------------|
| 1. Bitter    | a) Not cooked                                               |
| 2. Cooked    | b) Having a sharp, sometimes unpleasant taste, like a lemon |
| 3. Raw       | c) Having a strong, often unpleasant taste, not sweet       |
| 4. Sour      | d) Prepared by heating                                      |
| 5. Ripe      | e) Fully grown and ready to be eaten                        |

