

Phiếu học tập môn Tiếng Anh lớp 11

- Bài 1: Eat, Drink and Be Healthy

Full name:

Class:

Vocabulary: bland, lean, raw, ripe, bitter, detox, stale, rotten, sour, cooked, sweet, hot, spicy, mild, unripe, fatty

Exercise 1: Drag and drop the vocabulary words below into the appropriate groups.

Hương vị (Taste)	Trạng thái (State)

Words

bland - lean - raw - ripe - bitter - detox - stale - rotten - sour - cooked - sweet - hot - spicy
- mild - unripe - fatty

Exercise 2: Fill in the blanks with the appropriate words.

1. This chicken is very _____. It doesn't have much flavor.
2. I prefer _____ meat because it has less fat.
3. Be careful! These peppers are very _____.
4. This fruit isn't _____ yet. It's still quite hard.
5. The milk smells _____. I think it has gone bad.
6. After the holidays, many people try to _____ their bodies from toxins.
7. This bread is _____. We need to buy a new loaf.
8. Don't eat that apple! It's _____.
9. Lemons have a _____ taste.
10. I like my vegetables _____.
11. This cake is so _____. It's delicious!
12. The soup is still very _____. Let it cool down a bit.
13. I don't like food that is too _____. Just a little chili is okay.
14. This curry is quite _____. It's perfect for people who don't like strong spices.



15. This banana is _____. It's ready to eat.

16. You should avoid eating too much _____ food.

Exercise 3: Choose the best answer.

- The opposite of "sweet" is _____.
a) sour b) spicy c) bland d) ripe
 - Food that is not cooked is _____.
a) rotten b) raw c) stale d) lean
 - If food has a strong, burning taste, it is _____.
a) mild b) hot c) unripe d) cooked
 - When your body gets rid of harmful substances, it is called _____.
a) fatty b) detox c) bitter d) sweet
 - Meat with a lot of fat is _____.
a) lean b) bland c) fatty d) sour
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Exercise 4: Match the words in column A with their appropriate meanings in column B.

Cột A (Word)	Cột B (Meaning)
1. Bitter	a) Not cooked
2. Cooked	b) Having a sharp, sometimes unpleasant taste, like a lemon
3. Raw	c) Having a strong, often unpleasant taste, not sweet
4. Sour	d) Prepared by heating
5. Ripe	e) Fully grown and ready to be eaten

