

Listening: B1

## An interview about listening skills

Listen to the English teacher talk about listening to practise and improve your listening skills.

## Before listening

Do the preparation task first. Then listen to the audio and do the exercises.

### Preparation task

Match the vocabulary (1–8) with the definitions (a–h).

| Vocabulary                      | Definitions   |
|---------------------------------|---|
| 1. .... high stakes             | a. to admit   |
| 2. .... to break something down | b. an action to achieve a result                            |
| 3. .... a strategy              | c. to behave as if something is true                        |
| 4. .... to pretend              | d. a situation where the result is very important           |
| 5. .... sweat                   | e. the water that comes from your skin when you're very hot |
| 6. .... to confess              | f. to give the main points                                  |
| 7. .... to summarise            | g. forms and documents                                      |
| 8. .... paperwork               | h. to make something into smaller parts                     |

## Tasks

### Task 1

Are the sentences true or false?

|  | Answer |       |
|--|--------|-------|
| 1. The interviewer finds speaking the most difficult.  | True   | False |
| 2. Gabriella thinks, in some situations, people can find speaking easier than listening.                         | True   | False |
| 3. According to the interviewer, asking for someone to say the same thing again is one way to solve the problem. | True   | False |
| 4. Gabriella recommends pretending to understand if a conversation is too difficult.                             | True   | False |
| 5. Gabriella's strategy for managing important conversations sounds strange to the interviewer at first.         | True   | False |
| 6. Gabriella's idea involves asking a lot of questions.  | True   | False |

## Task 2

Match the expressions (1–6) with the meanings (a–f).

### Expressions

1. ..... I came out in a cold sweat.
2. ..... I'm still lost.
3. ..... I can take it.
4. ..... My brain shuts down.
5. ..... I get you!
6. ..... I wanted to get out of it.

### Meanings

- a. I can't think.
- b. I won't be upset.
- c. I wanted to escape.
- d. I was really nervous or afraid.
- e. I still don't understand.
- f. I understand what you're saying!

## Discussion

What do you do to help with listening?