

Name _____ Grade _____ Date _____

A. Write the correct word in the blank spaces where it corresponds.

Salt, Sugar, Fruits, Dairy products, Junk food, Sweets ,
Oil, Vegetables, Soft drinks, Processed food.

- A. Chocolate, Candy, Lollipops
- B. Carrots, Broccoli, Spinach
- C. Apples, Bananas, Grapes
- D. Cola, Soda, Fizzy drink
- E. Milk, Cheese, Yogurt
- F. Fast food like burgers and fries.....
- G. White crystals used to flavor food
- H. White sweet crystals
- I. Food with many chemicals
- J. Used for cooking and frying

Obesity, Tooth decay, weak bones, Heart disease

