

Athlete's Life



Jake: Hi Lucas! You're an athlete, right? Are you **always** active in the morning?

Lucas: Hi Jake! Yes, I am **usually** ready to exercise at 7 a.m., but I am **rarely** work on Sundays. I **often** rest that day.

Jake: I understand. Do you ever miss your meals?

Lucas: No, I **never** miss meals. Eating good food is very important for my body. There are always fruits and vegetables in my food.

Jake: That sounds good! What do you do after you exercise?

Lucas: I **usually** take a shower and then I read or watch sports videos. I **sometimes** go to the park in the afternoon.

Jake: Nice! I **often** play soccer there with my friends. Maybe I'll see you!

Lucas: Maybe! I **always** say hello when I see friends from school.

Read and complete the sentences:

Lucas _____ eats healthy food.

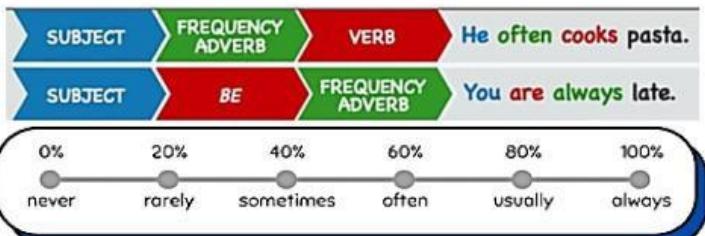
Jake _____ plays soccer with his friends in the park.

Lucas _____ rests on Sundays.

Lucas _____ says hello when he sees people from school.

Lucas _____ studies early in the morning.

Order of words:



1. Rewrite the sentence with the adverb in brackets.

He listens to the radio. (**often**)

They read a book. (**sometimes**)

Tom is very friendly. (**always**)

My grandmother goes for a walk in the evening. (**rarely**)

Walter helps his father in the kitchen. (**usually**)

They watch TV in the afternoon. (**never**)

2. Rewrite the sentences in the correct order

usually - in the morning - reads the newspaper - Tom

always - they - happy - are

help - she - often - does - her mother?

study - you - rarely - for the exam.

3. Working in groups, write a roleplay between interviewer and athlete:

Hello...

