

NAME: \_\_\_\_\_ CARNÉ: \_\_\_\_\_

Vocabulary Health and medicine page 92

1  1.1 Complete the problems 1–16 with the words in the box. Listen and check.

stomachache backache broke nosebleed burned cold cough cut  
earache flu headache hurts sore throat stressed temperature toothache



1 I \_\_\_\_\_ my hand.



2 I have a \_\_\_\_\_.



3 I \_\_\_\_\_ my finger.



4 I \_\_\_\_\_ my leg.



5 I have a \_\_\_\_\_.



6 I have a \_\_\_\_\_.



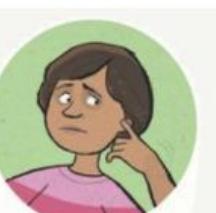
7 I have a \_\_\_\_\_.



8 I have a \_\_\_\_\_.



9 I have a \_\_\_\_\_.



10 I have an \_\_\_\_\_.



11 I have a \_\_\_\_\_.



12 I have a \_\_\_\_\_.



 I'm \_\_\_\_\_.



14 My knee \_\_\_\_\_.



15 I have the \_\_\_\_\_.



16 I have a \_\_\_\_\_.

## Speaking practice

What's the matter?

I don't feel well.

What happened?

I burned my hand

You should..(put some cold water on it)

see a doctor      call a friend  
take some pills      put some ice / cold water on it  
rest in bed      have some hot lemon and honey  
go lie down      talk to your boss  
have some chicken soup      put some cream on it  
go to bed early every night      eat healthy food

Reading page 4. Match the pictures to the health tips

### Five **strange** health tips that you should know about



The Internet is full of websites that offer health tips, some serious and some strange. Here are our top five tips from the web ... do they work? You can decide on that!

Do you have a temperature or the flu? Then you should put some onion in your socks and wear them at night. You'll feel much better the next morning. Remember though, you shouldn't eat the onion afterward!

You're chopping vegetables in the kitchen and you cut your thumb. What should you do? Put a little black pepper on the cut, of course! It stops the bleeding and helps the cut get better. But you should only do this for small cuts. For anything serious, you should see a doctor.

Do you have regular headaches? Then you should always have an apple nearby. Some studies have found that the smell of green apples can help with headaches and can also make you feel less anxious.

Are you stressed? You should call your mom. A study by the University of Wisconsin showed that people who had more contact with their mother had lower levels of stress. So you shouldn't delay—call her today!

If you have a cough that won't go away, then you should eat some chocolate. Scientists say that chocolate contains a chemical that is better at stopping coughs than many cough medicines. So you shouldn't go to a pharmacy—go to a candy store.

## Speaking practice

have a temperature, have the flu, cut my finger, have a headache, be stressed, have a cough

### I have a temperature. What should I do?

You should put some onion in your socks and wear them at night.

## Grammar page 76

### Grammar **should/shouldn't**

Ask for advice: **What should I do?**

Say something is a good idea: **You should** see a doctor. **I think you should** get help.

Say something is a bad idea: **You shouldn't** trust tips on the Internet. **I don't think you should** go to work.

1 Complete the sentences with *should* or *shouldn't* and the verbs in parentheses.

- 1 He looks really tired. I think he \_\_\_\_\_ to bed. (go)
- 2 There's a great new restaurant in town. You \_\_\_\_\_ it. (try)
- 3 You \_\_\_\_\_ so fast. You'll get a stomachache. (not eat)
- 4 It's Andy's birthday. Do you think we \_\_\_\_\_ him a present? (buy)
- 5 She wants to get in shape. She \_\_\_\_\_ a gym. (join)
- 6 We \_\_\_\_\_ so much salt on our food. It's not good for our health. (not put)
- 7 There's a lot of traffic. I don't think you \_\_\_\_\_ so fast. (drive)
- 8 They \_\_\_\_\_ to him like that. It's rude. (not talk)

2 Complete the sentences with the correct form of *should* and the verbs in the box.

buy get get up lose spend study talk walk

- 1 A I'm always late for work.  
B You \_\_\_\_\_ earlier.
- 2 A I don't have much money right now.  
B I don't think you \_\_\_\_\_ those shoes, then.
- 3 A These pants don't fit me anymore.  
B Do you think you \_\_\_\_\_ some weight?
- 4 A I want to improve my English.  
B You \_\_\_\_\_ the summer in Canada.
- 5 A My brother wants to be an engineer.  
B He \_\_\_\_\_ math and physics in college.
- 6 A I'm stressed at work lately.  
B You \_\_\_\_\_ to your boss.
- 7 A You \_\_\_\_\_ home alone at night.  
B OK, I'll get a taxi.
- 8 A Do you think I \_\_\_\_\_ more exercise?  
B Yes, definitely.