

NAME: _____ CARNÉ: _____

Vocabulary Health and medicine page 92

1  1.1 Complete the problems 1–16 with the words in the box. Listen and check.

stomachache backache broke nosebleed burned cold cough cut
 earache flu headache hurts sore throat stressed temperature toothache



1 I _____ my hand.



2 I have a _____.



3 I _____ my finger.



4 I _____ my leg.



5 I have a _____.



6 I have a _____.



7 I have a _____.



8 I have a _____.



9 I have a _____.



10 I have an _____.



11 I have a _____.



12 I have a _____.



13 I'm _____.



14 My knee _____.



15 I have the _____.



16 I have a _____.

Speaking practice

What's the matter?

I don't feel well.

What happened?

I burned my hand

You should..(put some cold water on it)

see a doctor call a friend
take some pills put some ice / cold water on it
rest in bed have some hot lemon and honey
go lie down talk to your boss
have some chicken soup put some cream on it
go to bed early every night eat healthy food

Reading page 4. Match the pictures to the health tips

Five strange health tips that you should know about



The Internet is full of websites that offer health tips, some serious and some strange. Here are our top five tips from the web ... do they work? You can decide on that!

Do you have a temperature or the flu? Then you should put some onion in your socks and wear them at night. You'll feel much better the next morning. Remember though, you shouldn't eat the onion afterward!

You're chopping vegetables in the kitchen and you cut your thumb. What should you do? Put a little black pepper on the cut, of course! It stops the bleeding and helps the cut get better. But you should only do this for small cuts. For anything serious, you should see a doctor.

Do you have regular headaches? Then you should always have an apple nearby. Some studies have found that the smell of green apples can help with headaches and can also make you feel less anxious.

Are you stressed? You should call your mom. A study by the University of Wisconsin showed that people who had more contact with their mother had lower levels of stress. So you shouldn't delay—call her today!

If you have a cough that won't go away, then you should eat some chocolate. Scientists say that chocolate contains a chemical that is better at stopping coughs than many cough medicines. So you shouldn't go to a pharmacy—go to a candy store.

Speaking practice

have a temperature, have the flu, cut my finger, have a headache, be stressed, have a cough

I have a temperature. What should I do?

You should put some onion in your socks and wear them at night.

Grammar page 76

Grammar *should/shouldn't*

Ask for advice: *What should I do?*

Say something is a good idea: You **should** see a doctor. I think you **should** get help.

Say something is a bad idea: You **shouldn't** trust tips on the Internet. I don't think you **should** go to work.

1 Complete the sentences with *should* or *shouldn't* and the verbs in parentheses.

- 1 He looks really tired. I think he _____ to bed. (go)
- 2 There's a great new restaurant in town. You _____ it. (try)
- 3 You _____ so fast. You'll get a stomachache. (not eat)
- 4 It's Andy's birthday. Do you think we _____ him a present? (buy)
- 5 She wants to get in shape. She _____ a gym. (join)
- 6 We _____ so much salt on our food. It's not good for our health. (not put)
- 7 There's a lot of traffic. I don't think you _____ so fast. (drive)
- 8 They _____ to him like that. It's rude. (not talk)

2 Complete the sentences with the correct form of *should* and the verbs in the box.

buy get get up lose spend study talk walk

- 1 A I'm always late for work.
B You _____ earlier.
- 2 A I don't have much money right now.
B I don't think you _____ those shoes, then.
- 3 A These pants don't fit me anymore.
B Do you think you _____ some weight?
- 4 A I want to improve my English.
B You _____ the summer in Canada.
- 5 A My brother wants to be an engineer.
B He _____ math and physics in college.
- 6 A I'm stressed at work lately.
B You _____ to your boss.
- 7 A You _____ home alone at night.
B OK, I'll get a taxi.
- 8 A Do you think I _____ more exercise?
B Yes, definitely.