

## Building Arguments

Khi tranh biện, em cần xây dựng được những lập luận thật rõ ràng. Trước tiên, em phải chọn được các lập luận hỗ trợ tốt cho lập luận chính của mình. Sau đó, hãy tìm những dẫn chứng củng cố cho từng lập luận hỗ trợ đó. Cuối cùng, em cần giải thích vì sao lập luận của đối thủ lại không đúng. Đó gọi là phản biện.

Main Argument



Supporting Arguments



Supporting Examples



Counterargument

Đọc những câu hỏi dưới đây và chọn câu trả lời phù hợp nhất.

1. Which sentence best summarizes the main argument in favor of posting calorie counts?
  - a. Some countries make restaurants post calorie counts, but others do not.
  - b. Fast-food restaurants should post the calories of their foods.
  - c. Posting the calorie counts does not help people to eat healthier foods.
2. Which sentence is a supporting argument for the main argument you chose?
  - a. Posting calorie counts costs restaurants too much money.
  - b. Most restaurants already put the number of calories online.
  - c. People have the right to know about nutritional information.
3. Which sentence gives a good supporting example for the supporting argument you chose above?
  - a. People can choose healthier foods when they see the calorie counts.
  - b. Restaurants will have to change all their menus for no good reason.
  - c. Most people care more about the prices of the foods, not how healthy they are.
4. Which sentence is the best counterargument against the opposite team?
  - a. People do not even look at calorie counts at fast-food restaurants.
  - b. Listing calorie counts will at least help people who want to eat healthier.
  - c. It costs extra money for restaurants to change their menus and to list the calories.

Answers: p 113



## Opinion Examples

Đọc ý kiến của hai bạn học sinh dưới đây rồi hoàn thành câu tóm tắt bên dưới.

### Main Argument

Answers: p 113

Fast-food chains need to post the calories of their foods.

### I agree! Fast-food restaurants need to post calories.



Cindy

Fast-food restaurants must list how many calories are in their foods. When people eat, they have a right to know what is in their foods. Eating foods with fewer calories is healthier most of the time. If fast-food restaurants put the number of calories on their menus, then customers can easily choose foods that are healthier.

#### Summary

It is Cindy's opinion that fast-food restaurants must list how many \_\_\_\_\_ are in their foods so that customers can choose \_\_\_\_\_ foods.

### I don't agree! Posting the calories doesn't help!



Evan

It is a good idea to eat healthy foods. But listing the calories at fast-food restaurants does not help. When people eat at these restaurants, they just want a tasty meal. They are not thinking about the calorie counts of the foods. Besides, most of their items have a lot of calories anyway. If you want a healthy meal, you should eat at a different type of restaurant.

#### Summary

Evan believes that people just want a(n) \_\_\_\_\_ meal at fast-food restaurants and do not \_\_\_\_\_ about calories.