




3  1.01 Listen to the first part of a radio programme. What is the programme about?

- a some people who are trying some new technology for a month
- b some people who are not using technology for a month

4  1.02 Listen to the second part of the programme. Match the people with the activity they miss the most.

- 1 Isla
 - 2 Lucy
 - 3 Ben
 - 4 Sara
 - 5 Jeremy
- a following stars online
- b messaging friends
- c using the internet to do schoolwork
- d writing blog posts
- e listening to music

5  1.03 Complete what Isla says with these words. There are two extra words. Listen and check.

evenings hates information online
terrible trying ~~usually~~

Well. I ¹ *usually* message my best friend Lucy in the ² _____, but of course, now I can't do that. She's doing the challenge too. For me it's OK because I see her at school, but she ³ _____ it. The worst thing is trying to do homework. I can't go online to search for ⁴ _____ and that's ⁵ _____! Books are OK, but it's much slower without the internet.

