

Sustainable Fashion Explained: Key Terms You Need to Know!

Instructions: Watch the video about sustainable fashion and choose the best answer (a, b, c, or d) for each question.

1. According to the video, what is sustainable fashion?

- a) Clothes that are very cheap and popular.
- b) Clothes made in a way that is good for people and the planet.
- c) Clothes that are only black and white.
- d) Clothes that you can only buy in big stores.

2. What is "fast fashion"?

- a) High-quality clothes that last for many years.
- b) Clothes that are made from natural materials like bamboo.
- c) Cheap clothes that are made very quickly to follow new trends.
- d) A style of clothing for running and sports.

3. "Ethical fashion" means that the people who make the clothes...

- a) work very fast.
- b) use the best colours.
- &c) get fair pay and have a safe place to work.
- d) are famous designers.

4. The video gives examples of eco-friendly materials. Which of these is an example from the video?

- a) Plastic bags
- b) Bamboo
- c) Glass
- d) Paper

5. What is "upcycling"?

- a) Throwing old clothes in the trash.
- b) Buying new clothes every month.
- c) Repairing a small hole in a shirt.
- d) Turning old clothes into something new and different.