

7 STAY CLEAN



Keep Safe and Clean

1. Tick the correct option -

a. What is the best way to remove most germs from your hands?

Wiping with a tissue

Rinsing with water only

Washing with soap for 20 seconds

Using a towel

b. Why should store food in the fridge or cover it?

Tastes better

Prevents spoilage

Keeps it warm

Keeps it dry

c. What can happen if you eat from a dirty plate?

Tastes sweet

Stays fresh

Stomach infection

Cools you down

(iv) Which is a safe food habit?

Keeping food uncovered

Cold leftovers

Wash fruits

Same spoon for raw & cooked food

2. Select the cards that represents clean habits:

