

Exercise 1: Match the Verbs with Their Meanings

Phrasal Verb	Meaning
A. get up	1. to stop a machine or light
B. put on	2. to rise from bed
C. take off	3. to wear clothes or shoes
D. look for	4. to remove clothes or shoes
E. turn on	5. to search for something
F. turn off	6. to start a machine or light
G. sit down	7. to go from sitting to standing
H. stand up	8. to go from standing to sitting
I. pick up	9. to remove something from a place
J. take out	10. to lift something from the floor

Exercise 2: Fill in the blanks

Instruction: Complete the sentences using the correct phrasal verb from the box. Use the correct form (he/she – adds -s!).

Phrasal Verbs: put on, take off, get up, wake up, sit down, stand up, turn on, turn off, look for, look after

1. I always _____ my shoes before I go out.
2. My brother _____ at 7 o'clock every morning.
3. She _____ her little sister when their parents are not home.
4. We _____ the light when it gets dark.
5. He _____ his coat when he comes home.
6. The students _____ when the teacher enters the room.
7. I _____ my keys every morning!
8. She _____ her jacket before going outside.
9. Please _____ and be quiet.
10. They _____ the TV before they go to bed.

Exercise 3: Mini-dialogues

Instruction: Complete the dialogue using a phrasal verb in Present Simple.

1. — What do you do in the morning?

— I _____ at 7 and _____ my clothes.

2. — Where is your bag?

— I always _____ it before school.

3. — Do you help at home?

— Yes! I _____ the trash and _____ my baby brother.

Exercise 4: Match phrasal verbs to their meanings

Instruction: Match each phrasal verb (A–E) with its meaning (1–5).

A. take off

B. get up

C. look for

D. put on

E. turn on

1. to search for something

2. to remove clothes or shoes

3. to leave your bed in the morning

4. to wear clothes or shoes

5. to start a machine, light, etc.

Exercise 5: Choose the correct verb

Instruction: Circle the correct phrasal verb. All sentences are in Present Simple.

1. I (put on / take off) my jacket when it's cold.

2. She (wakes up / gives back) at 6 o'clock.

3. We (look for / go out) our books every day.

4. My dad (turns on / picks up) the light in the morning.

5. He (tries on / gets up) at 7 and eats breakfast.