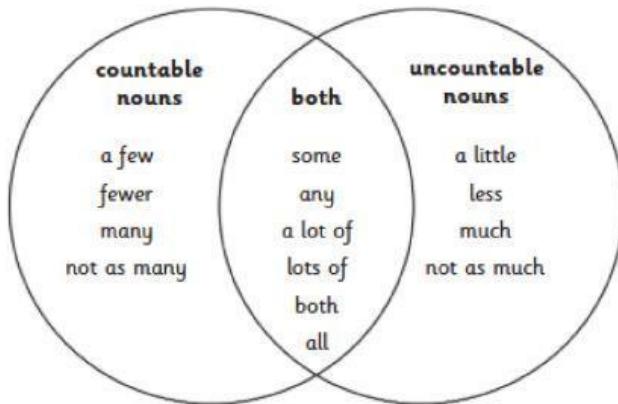


## Stage 5\_Unit 2\_Grammar\_Quantifiers

### Use of English

Quantifiers are words that we use to show the amount of something. They can be used before countable and uncountable nouns.



You should drink **fewer** soft drinks.

Don't eat **as many** sweets because they are bad for you.

There is **less** sugar in dark chocolate than milk chocolate.

### Exercise 1: Choose the word to complete the sentence

- a There is **a lot of** / **much** vitamin C in oranges.
- b We don't eat **as many** / **much** fruit as we should!
- c There are only **a few** / **less** vegetables left.
- d There is **fewer** / **less** cheese left in the fridge than I thought.
- e Dairy products provide us with **many** / **lots of** calcium, which is good for our bones.
- f Are there **some** / **any** soft drinks in the fridge?

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_
- f. \_\_\_\_\_

## Exercise 2: Choose the correct words

This week we're learning about healthy eating and the importance of a balanced diet for our bodies. As children, we need <sup>1</sup>**a lot of / much** calcium for healthy teeth and bones. It is found in dairy products. Do you eat <sup>2</sup>**many / much** yoghurt or cheese?

Vegetables and fruit provide our bodies with vitamins and minerals. Do you eat <sup>3</sup>**a few / a lot of** fruit? If you eat <sup>4</sup>**less / a little** fruit than you should, try not to eat as <sup>5</sup>**many / much** biscuits and sweets. Take <sup>6</sup>**some / any** apples to school as a snack instead.

Next post ... proteins and fats.



1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_