

Name: .....

Class: S8...

Ngày giao bài: Thứ ....., ngày ...../.....

Ngày nộp bài: Thứ ....., ngày ...../.....



Vocabulary & Grammar: .....

Listening: .....

Mini Test: .....

## COOKING & EATING VOCABULARY & FCE SPEAKING

**Lưu ý:** Các từ vựng mở rộng thầy cô cho ghi trong vở (nếu có) và các từ vựng mở rộng trong phiếu đề có chú thích nghĩa: Con về nhà chép mỗi từ 1 dòng để ghi nhớ nhé.

### A. VOCABULARY

#### - Cooking & Eating

No.	New words	Meanings	No.	New words	Meanings
1	<b>mouth-watering</b> (adj)	ngon chảy nước miếng	10	<b>undercooked</b> (adj)	chưa nấu chín
2	<b>season</b> (v)	nêm gia vị	11	<b>overcooked</b> (adj)	nấu quá chín
3	<b>leftovers</b> (n)	đồ ăn thừa	12	<b>processed food</b> (n)	thực phẩm chế biến sẵn
4	<b>dine out</b> (phr.v)	ăn ngoài (không ăn ở nhà)	13	<b>balanced diet</b> (n)	chế độ ăn cân bằng
5	<b>whip up</b> (phr.v)	nấu nhanh một món gì đó	14	<b>cut down on</b> (phr.v)	cắt giảm (việc tiêu thụ một món gì đó)
6	<b>fussy eater</b> (idiom/n)	người kén ăn	15	<b>bolt down</b> (phr.v)	ăn rất nhanh, nuốt chửng
7	<b>bake</b> (v)	nướng (trong lò, dùng nhiệt khô)	16	<b>bland</b> (adj)	nhạt nhẽo (về hương vị)
8	<b>be full up</b> (adj)	no căng	17	<b>sweet tooth</b> (idiom/n)	sở thích ăn đồ ngọt
9	<b>nibble</b> (v)	ăn nhấm nháp, gặm nhẹ			

### B. EXTRA VOCABULARY

No.	New words	Meanings	No.	New words	Meanings
1	<b>stand somebody in good stead</b> (idiom)	rất có ích, có lợi cho tương lai	4	<b>budget-friendly</b> (adj)	phù hợp với túi tiền
2	<b>streetwise</b> (adj)	khôn ngoan, lanh lợi ngoài đời	5	<b>read up on</b> (phr.v)	tìm hiểu, đọc kỹ về
3	<b>legal consequences</b> (n)	hậu quả pháp lý	6	<b>showbusiness</b> (n)	ngành công nghiệp giải trí

**\*Note:** *n = noun: danh từ; adj = adjective: tính từ; v = verb: động từ;*

*phr.v = phrasal verb: cụm động từ; idiom = thành ngữ.*

\*Con học thuộc nghĩa của từ, chính phát âm theo từ điển và chép mỗi từ **1 dòng** vào vở ghi.

### C. HOMEWORK

#### VOCABULARY & GRAMMAR

##### I. Circle the correct answers.

0. Before the match started, the \_\_\_\_\_ checked if the players followed the rules.

(A) referee

B. pitcher

C. caddie

D. batter

1. I'm not very hungry. I'll just \_\_\_\_\_ some fruit while watching TV.

A. bolt down

B. full up

C. nibble

D. dine out

2. She's such a \_\_\_\_\_ — she won't touch anything with onions or mushrooms.  
A. sweet tooth      B. fussy eater      C. leftovers      D. season
3. We've already \_\_\_\_\_ the chicken, so it's ready to go into the oven.  
A. processed      B. nibbled      C. balanced      D. seasoned
4. This soup is so \_\_\_\_\_ that it tastes like hot water with no seasoning at all.  
A. bland      B. diet      C. mouth-watering      D. bake
5. I shouldn't eat more chocolate — I'm trying to \_\_\_\_\_ sugar.  
A. whip up      B. cut down on      C. bake      D. bolt down

**II. Fill in the blanks with the correct words from the box. Some words may not be used. Change the form if necessary.**

<i>whip</i>	dine	balanced	fussy	mouth-watering	overcooked	bolt	processed
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**Lisa:** Hey Tom, what's that amazing smell?

**Tom:** Oh, I've just (0) whipped up a quick stir-fry. It only took 15 minutes!

**Lisa:** Wow, it smells absolutely (1) \_\_\_\_\_. Can I try some?

**Tom:** Sure! But don't (2) \_\_\_\_\_ down your food like last time. You almost choked!

**Lisa:** Haha, true. By the way, are you still trying to follow a(n) (3) \_\_\_\_\_ diet?

**Tom:** Yes, kind of. I've been avoiding too much (4) \_\_\_\_\_ food lately. It makes me feel tired.

**Lisa:** Smart choice. And are we still (5) \_\_\_\_\_ out on Saturday?

**Tom:** Of course! I've already booked a table at that new Thai place.

**III. Choose and write. Use the PRESENT PERFECT.**

I / never / meet / him	just / leave	see / this film	<del>do / all the work</del>
never / play / volleyball before	already / have / lunch	move / to Cornwall	not sleep / well / for three days

0. We've done all the work. You don't need to do anything.

1. Fred \_\_\_\_\_. He doesn't live here any more.

2. I \_\_\_\_\_. Let's go and see something else.

3. They aren't hungry because they \_\_\_\_\_.

4. I'm afraid you can't see Mr Mason. He \_\_\_\_\_.

5. He \_\_\_\_\_. That's why he's so bad at it.

6. We \_\_\_\_\_ and we are tired!

7. I \_\_\_\_\_, so I don't know what he looks like.

## CAMBRIDGE LISTENING PRACTICE

Con làm bài nghe theo link sau:

<https://soundcloud.com/ms-chi-english/cambridge-first-2-test-5-part-1>

### Part 1

You will hear people talking in eight different situations.

For questions **1–8**, choose the best answer (**A**, **B** or **C**).

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- 1** You hear part of an interview with a crime writer.  
What does he say about his home town?

  - A** It was a good background for the writing he does.
  - B** He generally feels uncomfortable returning there.
  - C** People there tend to treat him differently now.
  
- 2** You hear a careers adviser talking to a woman who has applied for two jobs.  
What suggestion does he make?

  - A** find out more information about the first job
  - B** withdraw the application for the second job
  - C** ask the first company to be flexible
  
- 3** You hear a girl talking about a psychology textbook.  
What does she say about it?

  - A** It is not very interesting.
  - B** It is good value for money.
  - C** It is going to come in useful.
  
- 4** You hear the mother of a famous skier talking about a competition.  
She says that her daughter

  - A** expected to win the competition.
  - B** didn't tell her mother she was entering it.
  - C** gave up her job to practise for it.



- 5** You hear a film director talking about the actors she works with.  
How does she feel about the actors in her current film?
- A** She sympathises with their problems.
  - B** She admires the sacrifices they make.
  - C** She approves of their attitudes.
- 6** You hear a man talking about his first job interview.  
How did he feel during the interview?
- A** confident that he was right for the job
  - B** embarrassed because of the long silences
  - C** relieved he could answer most of the questions
- 7** You hear two friends talking about a popular television programme.  
What is the programme about?
- A** retirement
  - B** cookery
  - C** teaching
- 8** You hear two people talking about a place they have visited.  
What kind of place is it?
- A** a museum
  - B** a library
  - C** a shop

## Part 2

You will hear a girl called Laura Beamer talking about being a volunteer at a summer school for 7–14 year olds, which is called the Children's University. For questions 9–18, complete the sentences with a word or short phrase.

### Volunteer at the Children's University

The Children's University was started by a  **9** five years ago.

The focus of this year's Children's University was the topic of  **10** .

Laura's partner was Mark, who works as a  **11** when he is not  
volunteering.

Laura's group of volunteers gave some workshops about how  **12**  
is made.

Laura says the children had a booklet called a ' **13** ' which was  
stamped to show their progress.

Laura and the children went to the graduation ceremony in the  **14**  
hall of the local University.

Some children received a  **15** for attending a lot of workshops.

Laura said the scheme allowed her to develop skills such as  **16** .

Laura will most probably become a  **17** in the future.

Laura says she can give people in her audience something called an  
 **18** for volunteers.