

## Unit 1: Exercise 1

In this unit, you will answer IELTS Reading short answer questions and read a text called 'How our sweet tooth is hurting us'.

Before you read the text, look at the statements. Do you think that they are True or False? Choose your answers.

1. The expression *to have a sweet tooth* means *to like eating sweet foods, especially sweets and chocolate*.  
 True  
 False
2. In 18th-century Europe, more poor people than rich people lost their teeth because of sugar.  
 True  
 False
3. If you drink a typical can of soda, you'll consume about 10 sugar cubes.  
 True  
 False
4. In general, children in the USA consume a lot more sugar than their parents.  
 True  
 False
5. It is now possible to order chocolate-covered insects online.  
 True

False