

"What If?" – Real-Life Conditionals

Part A – Comprehension Questions (Multiple Choice)

Choose the correct answer (A, B, or C).

1. What does James say happens if people don't warm up before working out?
 - A. They get stronger quickly
 - B. They enjoy their workouts more
 - C. They often get injured
2. What happens when James drinks coffee late in the evening?
 - A. He gets more energy for training
 - B. He can't fall asleep easily
 - C. He stays awake to work more
3. What is Amelia doing to improve her French?
 - A. Listening to music in French
 - B. Practicing daily and watching movies
 - C. Studying only on weekends
4. What does Amelia's teacher offer as a reward for doing all the homework?
 - A. A trip to France
 - B. Extra speaking practice
 - C. A written exam
5. Where would Leo travel if he had more free time?
 - A. Southeast Asia
 - B. South America
 - C. Southern Europe
6. What would Leo do if he spoke Spanish fluently?
 - A. Take Spanish lessons
 - B. Travel to France
 - C. Speak to locals more confidently

Part B – Identify the Conditional Type

Write whether the sentence is zero, first, or second conditional.

1. If people don't warm up, they get injured. → _____
2. If I keep practicing, I will improve. → _____
3. If I had more free time, I would travel. → _____

4. If I drink coffee after 8 p.m., I can't sleep. → _____
5. If I were fluent in Spanish, I would talk to locals more. → _____
6. If we complete all the homework, the teacher will give us extra practice. →

Part C – Complete the Sentences

Use the correct conditional form (zero, first, or second) based on the sentence meaning.

1. If I _____ (eat) too much sugar, I feel tired.
2. If I study hard, I _____ (pass) the exam.
3. If I _____ (have) a better laptop, I would edit videos faster.
4. If she _____ (not wear) sunscreen, she gets sunburned.
5. If we finish work early, we _____ (go) out for dinner.
6. If they _____ (live) near the beach, they would surf every weekend.