

"What If?" – Real-Life Conditionals

Part A – Comprehension Questions (Multiple Choice)

Choose the correct answer (A, B, or C).

1. What does James say happens if people don't warm up before working out?
A. They get stronger quickly
B. They enjoy their workouts more
C. They often get injured
2. What happens when James drinks coffee late in the evening?
A. He gets more energy for training
B. He can't fall asleep easily
C. He stays awake to work more
3. What is Amelia doing to improve her French?
A. Listening to music in French
B. Practicing daily and watching movies
C. Studying only on weekends
4. What does Amelia's teacher offer as a reward for doing all the homework?
A. A trip to France
B. Extra speaking practice
C. A written exam
5. Where would Leo travel if he had more free time?
A. Southeast Asia
B. South America
C. Southern Europe
6. What would Leo do if he spoke Spanish fluently?
A. Take Spanish lessons
B. Travel to France
C. Speak to locals more confidently

Part B – Identify the Conditional Type

Write whether the sentence is zero, first, or second conditional.

1. If people don't warm up, they get injured. → _____
2. If I keep practicing, I will improve. → _____
3. If I had more free time, I would travel. → _____

4. If I drink coffee after 8 p.m., I can't sleep. → _____
5. If I were fluent in Spanish, I would talk to locals more. → _____
6. If we complete all the homework, the teacher will give us extra practice. → _____

Part C – Complete the Sentences

Use the correct conditional form (zero, first, or second) based on the sentence meaning.

1. If I _____ (eat) too much sugar, I feel tired.
2. If I study hard, I _____ (pass) the exam.
3. If I _____ (have) a better laptop, I would edit videos faster.
4. If she _____ (not wear) sunscreen, she gets sunburned.
5. If we finish work early, we _____ (go) out for dinner.
6. If they _____ (live) near the beach, they would surf every weekend.