

PENGAYAAN

NAME :

GRADE :

INSTRUCTIONS!

- A. CHOOSE THE EXPLANATION IN THE CHOSEN
- B. WRITE THE EXAMPLE OR ACTION YOU HAVE DONE WHEN YOU STUDIED

5 STEPS TO FOCUS ON STUDYING



IDENTIFY LEARNING OBJECTIVES

1

ACTION YOU HAVE DONE :

COLLECT RESOURCES

2

ACTION YOU HAVE DONE :

CREATE A LEARNING PLAN

3

ACTION YOU HAVE DONE :

PRACTICE CONSISTENTLY

4

ACTION YOU HAVE DONE :

REFLECT AND EVALUATE

5

ACTION YOU HAVE DONE :

CHOOSEN

You can set aside specific times each week to study, break large topics into smaller, more manageable chunks, and look for opportunities to practice and provide feedback.

After identifying your learning goals, look for the most effective learning resources.

Reflecting on your progress and evaluating what went well and what could be improved is important as you learn.

Identifying what you want to learn is essential before starting any learning journey.

Create a schedule to practice your new skill or concept each day or week, and be patient as you go through the learning process.

HAVE A
wonderful
DAY